

From tragedy to redemption

Posted by Hashivalisesonyishecho - 08 Jan 2015 10:00

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I am a middle aged person, highly talented, but leider unaccomplished. I seem to have some strengths but not the strength and the resolve to do what it takes to use my talents to be what I can be. I have had lot's of tzaros in my life which have gotten the better of me and eventually removed me from my learning and my general Ruchnius success. I was not omed benisoyon. I am ashamed of myself. On the outside I still seem like a basically Choshever person but nobody knows what I really am. When I was a Bochur and a young yungerman, everybody was sure I would turn out to be one of the Gedolim. That hasn't happened(yet). I would never tell anyone of my worst failings, but this failing of me not succeeding to fulfill my potential is known. I guess people may have long ago forgotten what was supposed to become of me but looking at me now they see nothing but an empty wasted soul. I haven't forgotten the original plan and somewhere deep down I still hope Hashem will give me back my neshama. My Boosha is maybe a good thing in a way because it keeps things from getting more out of hand. But it makes it impossible for me to get the support and encouragement that might help me do what I should. Maybe I could get the support here. I am middle aged but my mind knows that it isn't too late. I need my heart to know it too.

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Re: From tragedy to redemption

Posted by Hashivalisesonyishecho - 14 May 2015 04:41

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yiraishamaim, thank you. But I think it is YOU who are being supportive by saying that.

And second of all, you have to know that being that I am so hard on myself, I am making it sound worse than it is as I'm not so tough on my family, just a little, but that's a little too much and it needs correction.

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Re: From tragedy to redemption

Posted by Hashivalisesonyishecho - 14 May 2015 04:48

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[pischoshelmachat wrote:](#)

Hi Hash

I had this exact issue. I needed to pause and think before reacting to ensure I did not say

anything harmful.

I started calling my sons tzadik before each thing I said to them.

Tzadik, how many times do I have to tell you to .....!?!?!?

I'm just kidding.

It's great that you're trying to correct it. And by addressing him nicely, you are making a reminder to yourself to say the right things to him, because it involves more than just the tone and the title, and that's exactly what I want to address here. Thanks for joining me in this discussion and avoda.

And if someone asks 'What does this have to do with GYE issues?' the answer is it has a lot to do for many reasons which I don't have the time to enumerate now because I'm heading to bed.

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Re: From tragedy to redemption  
Posted by serenity - 14 May 2015 05:15

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Hashiva, Glad to see your posting. I'm looking forward to hearing more about your success with your new family approach. I relate.

Hatzlacha!

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Re: From tragedy to redemption  
Posted by yiraishamaim - 14 May 2015 11:20

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After I wrote that i thought about it a bit and I can see how I as well act differently in different situations. We are not always fully aware,life is complex with all kinds of pressures and issues that we have to negotiate.

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Re: From tragedy to redemption

Posted by cordnoy - 14 May 2015 11:35

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[Hashivalisesonyishecho wrote:](#)

[pischoshelmachat wrote:](#)

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And if someone asks 'What does this have to do with GYE issues?' the answer is it has a lot to do for many reasons which I don't have the time t enumerate now because I'm heading to bed.

The connection to gye issues is because it is a manifestation of resentment and anger, which are all results of the root cause, which is self. When we scold a child (past the lines), who are we placatin'? who are we helpin'? we are tryin' to soothe our soul. We are concerned with our pride, ego, self, and so on. Many addicts demonstrate this type of behavior.

Take a look at step 4.

b'hatzlachah

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Re: From tragedy to redemption

Posted by Hashivalisesonyishecho - 14 May 2015 14:00

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[cordnoy wrote:](#)

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Yes, well said. I also have other reasons why it's connected but I think what you said here is so true and powerful that ?? ?????? ????.

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Re: From tragedy to redemption

Posted by Hashivalisesonyishecho - 14 May 2015 14:07

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[serenity wrote:](#)

Hashiva, Glad to see your posting. I'm looking forward to hearing more about your success with your new family approach. I relate.

Hatzlacha!

The reason that I hadn't been posting for a while is because I was out of sorts for various reasons. I still am to a degree but not as much. So what got me out of it? I had a text chat with someone here. Much of the chat was sheer silliness but there was also some meaningful discussion. I don't know which part helped but it seemed to be therapeutic. The reason I share this is to say that just a chat with a friend can go a long way. being isolated isn't a good idea.

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Re: From tragedy to redemption

Posted by cordnoy - 14 May 2015 17:31

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[Hashivalisesonyishecho wrote:](#)

[serenity wrote:](#)

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Hatzlacha!

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gee thanks

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Re: From tragedy to redemption  
Posted by dd - 02 Jun 2015 10:12

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Hi Hashiva!!!

How are things?

Is everything ok?

Thinking about you!!!

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Re: From tragedy to redemption  
Posted by serenity - 02 Jun 2015 14:05

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Yes, what's doin Hashiva!

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Re: From tragedy to redemption

Posted by Hashivalisesonyishecho - 02 Jun 2015 16:08

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Thank you for thinking of me. I'm still here, but I can't speak because I don't know what to say because I am looking for the way but don't yet know for sure if I found it. But now that you ask I'll say.

My feeling is that I need to follow the ways which are advised to us by The Torah. I believe that The Torah has all the answers only we try to cut corners and don't properly follow The Torah. So I'm learning Shaarei Teshuva. It's leading me to learn about these things daily on a regular schedule to keep the hisorerus alive. He says that the more a person feels the pain about having sinned (not the pain of the consequences) the more the soul is purified. So that needs work. Today I read the way The Rabeinu Yona in Igeres Hateshuva - 11, so beautifully explains the Gemara kol hamistakel bearayos kashto nineres, to mean that he loses the strength of his yetzer hatov and his glory transforms to destruction, which these are exactly the experiences that I am having, so it is clear to me that my issue is here being addressed. And I also saw that Rashi on that gemara in the second pshat says that hamistakel could also mean to think about. So these things help to correct the hashkafa to want not to sin and to begin to hate sin.

I also heard a pshat from the Gra that the reason that a person who withholds the matanos from the Cohen ends up with his wife being a sota is because the wife knows that one of the causes of poverty is looking at zonos and so the person who withholds the matanos becomes poor from that but his wife thinks it's because he is promiscuous so she also acts promiscuously. So from there I had a hisorerus that my financial struggles are caused by these things.

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Re: From tragedy to redemption

Posted by dd - 02 Jun 2015 22:39

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Thank for that post very shtark!!!

Well if your focusing on the torah way you can continue to share it here. We can post and discuss it with the whole oilam.

I would like to just add one point if I may. Sometimes when we learn a lot of mussar we can get

very down from seeing all the stuff they write. So just keep in mind the chizuk too not just hisorerus. Either by keeping in touch with the guys or learning also seforim that are mechazek not just meorer.

The main thing is KOMT!!!!

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Re: From tragedy to redemption

Posted by shlomo613 - 02 Jun 2015 22:45

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[Hashivalisesonyishecho wrote:](#)

The Rabeinu Yona in Igeres Hateshuva - 11, so beautifully explains the Gemara kol hamistakel bearoyos kashto nineres, to mean that he loses the strength of his yetzer hatov and his glory transforms to destruction, which these are exactly the experiences that I am having, so it is clear to me that my issue is here being addressed. And I also saw that Rashi on that gemara in the second pshat says that hamistakel could also mean to think about. So these things help to correct the hashkafa to want not to sin and to begin to hate sin.

Hashiva, This idea of yours was playing in my mind when in was working in a public place and numerous attractive people were passing me. And it kept me focused on my work. Shkoiach. And glad to see you back. Shlomo

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Re: From tragedy to redemption

Posted by Hashivalisesonyishecho - 05 Jun 2015 03:44

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I had a business dealing with a repulsive \*\*\*\*\* but a woman none the less, and I didn't get a 100%. I don't think I even got an 80%. But I still kept up my daily dose of learning about these issues and divrei hisorerus and I know that I need to be more careful, so I don't give up just try harder. I have an upcoming flight in a few days and I need some extra zehirus and planning. I should plan to have certain passages of certain seforim on my mind constantly. I should also tell



my travel companion that I will be looking down and avoiding looking at the pritzus. That way I will be ashamed to do differently than I said. I hope this will work. Any other ideas? What would a real sur mera and yerei chait do? And when I say yerai chet I mean someone who tzitters in his hoizen mamash from sin.

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Re: From tragedy to redemption

Posted by serenity - 05 Jun 2015 03:53

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I'm confused about what your saying? Are you saying you lusted after this woman? In any event my thought would be to focus on my repulsive sick behavior and have nothing but compassion for this woman.

Hatzlacha!

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