

From tragedy to redemption

Posted by Hashivalisesonyishecho - 08 Jan 2015 10:00

I am a middle aged person, highly talented, but leider unaccomplished. I seem to have some strengths but not the strength and the resolve to do what it takes to use my talents to be what I can be. I have had lot's of tzaros in my life which have gotten the better of me and eventually removed me from my learning and my general Ruchnius success. I was not omed benisoyon. I am ashamed of myself. On the outside I still seem like a basically Choshever person but nobody knows what I really am. When I was a Bochur and a young yungerman, everybody was sure I would turn out to be one of the Gedolim. That hasn't happened(yet). I would never tell anyone of my worst failings, but this failing of me not succeeding to fulfill my potential is known. I guess people may have long ago forgotten what was supposed to become of me but looking at me now they see nothing but an empty wasted soul. I haven't forgotten the original plan and somewhere deep down I still hope Hashem will give me back my neshama. My Boosha is maybe a good thing in a way because it keeps things from getting more out of hand. But it makes it impossible for me to get the support and encouragement that might help me do what I should. Maybe I could get the support here. I am middle aged but my mind knows that it isn't too late. I need my heart to know it too.

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Re: From tragedy to redemption

Posted by Hashivalisesonyishecho - 07 May 2015 15:35

I don't think Hashem hates me, 'ME' meaning the good aspects that he created. But the bad that I do is hateful. ohavei hashem sinu ra. If we wouldn't feel bad about it we wouldn't be trying to change for the better. To hate oneself in general, meaning for one to believe that he doesn't have good aspect which have the potential to do good deeds, is a destructive thought process. So there is a balance needed. Love the good in yourself and hate the bad(deeds). This is a very delicate balance and often needs correction or at least tweaking.

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Re: From tragedy to redemption

Posted by cordnoy - 07 May 2015 16:03

[Hashivalisesonyishecho wrote:](#)

If we wouldn't feel bad about it we wouldn't be trying to change for the better.

what does "feelin' bad about it" mean?

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Re: From tragedy to redemption
Posted by Hashivalisesonyishecho - 07 May 2015 16:21

It means mourning.

By the way Good 'morning! Where've you been?

(And you answer might be Where've YOU been?)

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Re: From tragedy to redemption
Posted by yiraishamaim - 07 May 2015 16:26

I notice Hashiva you like to analyze, chew things over 'till there is no taste left in the meat. I get it I'm cut from the same cloth.

Perhaps there is too much thinking deeply here in just too many directions.

Maybe just maybe get hold of the 12 steps, work them in the way those who have lots of experience direct you to and to H_____ with the philosophizing.

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Re: From tragedy to redemption
Posted by Hashivalisesonyishecho - 07 May 2015 16:29

I'm not philosophizing. I'm just saying I'm feeling bad and then thinking folks like Cordnoy go and ask me what does "feelin' bad about it" mean? So I have to come up with some convoluted response to satisfy the thinkers.

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Re: From tragedy to redemption
Posted by cordnoy - 07 May 2015 16:57

I don't know about solutions, so don't take anythin' from me, but I do know that I generally do/did not fell bad about it, but I still wanted/want to change.

You will ask me: why then?

My response: For my life is unmanageable without recovery.

You will ask: Do you "feel bad" about life bein' unmanageable?

I might respond: yes.

So you see, perhaps we both feel bad; you are mournin', and i am not.

I am merely pointin' out the meanin's of the words; this is not at all to say what a person should be thinkin' and what is more productive.

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Re: From tragedy to redemption
Posted by Hashivalisesonyishecho - 07 May 2015 16:59

Cords, I know that you pride yourself in bein' the no thinkin' guy. So I just offered a touch of sarcasm. Even when I'm meserable, I'm still cute. (if you consider that cute)

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Re: From tragedy to redemption
Posted by cordnoy - 07 May 2015 17:04

[Hashivalisesonyishecho wrote:](#)

thinking folks like Cordnoy

Cordnoy used to be known as the "anti-thinker."

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Re: From tragedy to redemption
Posted by Hashivalisesonyishecho - 07 May 2015 20:10

[newaction wrote:](#)

King David also """"fell"""" and what did he do , he wrote a mizmor tehilim after that.

Yes, but you know that he sinned lehoros teshuva leyachid, to show an individual who has fallen that he can repent. So he showed the way by his display of real teshuva with tremendous martyrdom with extensive prishus, taaneisim and tefillos and lo and behold, **he never fell again.**

But I have been kikelev sheshav al kayo ksil shoneh beivalto. I have not learned the above mentioned lesson that King David taught. So the mizmor that I would say after a fall would be a lie.

The motto here is 1 day at a time. That's a good **practice** but not a good **plan**. I have many times had a good day. For this I don't necessarily need GYE. I am looking for a plan. A plan of not being like the kelev I spoke about above. I'm told here that such a plan isn't available to be

had. I don't really believe this because King David taught something didn't he. So I'm up to 2 things. First to know the way of teshuva. Second, and here is the real point, **TO DO IT!** But we aren't really ready to give up all of our rotten sin provoking ways, so then I can't blame it on King David's lesson. It's me. So why don't I want to do what it takes? Maybe because I sinned so much that the light of the neshama isn't quite shining through. It's even been a long time since I've said to Hashem with any real degree of sincerity Hashivalisesonyishecho.

Hashivalisesonyishecho

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Re: From tragedy to redemption
Posted by pischoshelmachat - 07 May 2015 20:22

Hi Hashiva,

I just want to say hello and let you know that I think about you and daven for your success.

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Re: From tragedy to redemption
Posted by Hashivalisesonyishecho - 07 May 2015 20:24

[pischoshelmachat wrote:](#)

Hi Hashiva,

I just want to say hello and let you know that I think about you and daven for your success.

Wow, that's beautiful. Hashem should bentch you with Kol Tuv.

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Re: From tragedy to redemption

Posted by Hashivalisesonyishecho - 14 May 2015 02:59

[Hashivalisesonyishecho wrote:](#)

If one is really(but really really) sure that he won't fall, then he wont. And if his friends make him feel that way then they have a zchus in his success, so that's the case here for sure.

That brings me to the next discussion on an upcoming post when I will have the time to post it iy'h.

This is the second time I am quoting myself with this statement. There has been much discussion about it which I don't want to rehash, and there has been a lot of water under the bridge since then. But now I actually want to get to my next discussion which follows this first idea.

What we do in raising our children, our every interaction with them, adds to the formation of their self esteems and their personalities. If we give them the feeling that they can be strong and that they are in fact strong, by the true meaning of strength (Kovesh es yitzro), and that they can be disciplined and successful in following through with what they strive to do, then we have given them the best possible thing that a parent can give a child and a rebbee can give a student.

I have a tendency to be hard and strict with my children, as I am with myself, in a way which doesn't follow the idea I am discussing. I am that way with my wife too. It's very subtle, meaning I don't speak sharply or clearly say hurtful things, but in a subtle way I am mevatel them and not mechazek them.

I want to change that.

I would therefore like to post things that I am doing to change this and also when I feel I did the wrong thing in this area. I would also ask if anyone can give suggestions and opinions in this area.

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Re: From tragedy to redemption
Posted by Hashivalisesonyishecho - 14 May 2015 03:05

This evening there was a delay in serving supper, so while waiting, my seven year old son took a hot dog from the freezer and put in the oven to broil, and when I came in to the kitchen, he told me that he did that because he was too hungry to wait. I should have said "I like a man who takes care of himself" I didn't do that and I did the opposite. I am making a clear note of this in order to change this type of thing. There is a fine line between having orderly rules and being overly judgmental and degradingly strict.

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Re: From tragedy to redemption
Posted by yiraishamaim - 14 May 2015 03:31

Its hard to believe that your tough on your family, 'cause over here you are very understanding and supportive.

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Re: From tragedy to redemption
Posted by pischoshelmachat - 14 May 2015 03:32

Hi Hash

I had this exact issue. I needed to pause and think before reacting to ensure I did not say anything harmful.

I started calling my sons tzadik before each thing I said to them.

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