

A Poll - Your Biggest Concern

Posted by cordnoy - 18 Dec 2014 09:44

Which of these bothers you the most?

Do any of those make your life unmanageable?

Can you live with any of them?

Are you addicted to any?

The Poll question, however, is simply: Which of these are you the 'most' worried about?

[It's also possible that the answer can change in time, based upon many factors.]

Thanks

=====

Re: A Poll - Your Biggest Concern

Posted by Watson - 26 Oct 2015 21:05

Speaking for myself, I did not want to be an addict. I fought against the idea for a long time and it got me nowhere. 'Until I could accept my sexaholism, I could not stay sober; unless I accept life completely on life's terms, I cannot be happy.'

I think more of a problem is the misuse of the word addict. Not everyone who masturbates or looks at porn more than they'd like is an addict, even if they fight to control it and lose sometimes. Just like not everyone who breaks their diet is a food addict.

As much as I've met SA members who were desperate to not be considered an addict, I've met GYE members who seem desperate to be considered addicts. Makes you think.

I agree with Gibbor. Debate is useless. Actions = results. Start taking action and if one thing doesn't work, step it up a notch, and another and another until you can stop altogether. But this takes honesty. If you are an addict this will become apparent and you may need to join a group. Better than carrying on like the living dead.

But the whole thing depends on honesty. It's not always easy to honestly answer the important questions:

Is what I'm doing working or am I fooling myself?

Do I really want to stop?

=====

Re: A Poll - Your Biggest Concern

Posted by Mesayin - 26 Oct 2015 22:15

I voted the 3rd one "thoughts/fantasies, although mostly just thoughts, and just as R' Cordnoy suggested it's more an issue with yechidim.

It used to be for me the forth "M" but I haven't even come close to that in a while B"H Hashem should help further.

My second would be "trigger happy on the computer" although not to xxx sites but to places that have a 10% chance that there might be somthin'.

As far as the first choice, I B"H have no problem on the streets, I take off my glasses, look at the ground while walking and getting out of the way of potential problems.

Chazak V'emuzt

=====

=====

Re: A Poll - Your Biggest Concern
Posted by markz - 22 Nov 2015 03:12

bump

=====

Re: A Poll - Your Biggest Concern
Posted by Shlomo24 - 23 Nov 2015 19:11

lol

=====

Re: A Poll - Your Biggest Concern
Posted by cordnoy - 23 Nov 2015 19:45

Thank God! I'm not losin' anymore.

=====

Re: A Poll - Your Biggest Concern
Posted by markz - 18 Jan 2016 16:49

I'm thinking of changing my vote - it's been swinging between 2, so for the next 2 months I'll change it to the 2nd

=====

Re: A Poll - Your Biggest Concern
Posted by cordnoy - 18 Jan 2016 18:57

[markz wrote:](#)

I'm thinking of changing my vote - it's been swinging between 2, so for the next 2 months I'll change it to the 2nd

Thanks for bumpin'.

It actually was good for me to think of this question again.

=====

Re: A Poll - Your Biggest Concern
Posted by Shlomo24 - 18 Jan 2016 21:19

I changed my vote to thoughts/fantasies, it's been what I have been struggling with the most for the past while.

=====

Re: A Poll - Your Biggest Concern
Posted by stillgoing - 20 Jan 2016 22:10

I refuse to vote! I need to choose more then one option. Even in the presidential election you can choose a vice. Maybe the poll could be 'what is our biggest concern 1st place and 2nd', or just choose all that apply.

=====

Re: A Poll - Your Biggest Concern
Posted by Workingguy - 21 Jan 2016 00:08

[stillgoing wrote:](#)

Even in the presidential election you can choose a vice.

I think if you're on GYE you've already chosen your vice....

=====

Re: A Poll - Your Biggest Concern
Posted by markz - 21 Jan 2016 00:13

[stillgoing wrote:](#)

I refuse to vote! I need to choose more then one option. Even in the presidential election you can choose a vice. Maybe the poll could be 'what is our biggest concern 1st place and 2nd', or just choose all that apply.
So you admit there's a president, and that was the question

=====

Re: A Poll - Your Biggest Concern
Posted by stillgoing - 21 Jan 2016 19:11

[markz wrote:](#)

[stillgoing wrote:](#)

I refuse to vote! I need to choose more then one option. Even in the presidential election you can choose a vice. Maybe the poll could be 'what is our biggest concern 1st place and 2nd', or just choose all that apply.
So you admit there's a president, and that was the question

ok fine, so I voted for president problem today. But I plan on changing it soon. unlike our other president, I don't think that this one will stay the same for four years (or even four days). But where is the 'change your vote' button?

=====

Re: A Poll - Your Biggest Concern

Posted by Yesodi - 08 Mar 2016 20:50

I voted "**Thoughts/Fantasies**", but would have co-listed "**Eyes Wanderin' in Street**" (and maybe also reversed the two) had we been allowed to vote for more than one.

Not intending to seem overly-confident Chas veShalom, but -- maybe because of my 180-day streak today -- I *currently* feel that my decision to forever stop with both "**M**" and with Internet-porn ("**Trigger-Happy-Finger on Computer**") is so "**rock solid**" that these are simply not options.

And thus ***practically***, most of my effort now is on trying to control:

1. ?my thoughts and fantasies: for now. I've been very successful with not actively

B"H. (And this is because it is so clear to me that indulging such thoughts can so easily trigger "acting out.")

2. "Eyes Wanderin' in Street": I've been pretty good at "looking away" fairly quickly when suddenly seeing a pretty face or body, and I'm also doing my best to avoid intentionally looking in the first place. But I feel that I still need more work in this area.

With that, I wouldn't define my understanding that I need to be constantly **vigilant** in these areas as "**worry**."

=====

Re: A Poll - Your Biggest Concern

Posted by cordnoy - 08 Mar 2016 22:34

Halevay veiter.

My decision to forever stop was.....oops, I actually never made such a decision. I know that would be a big fat lie. I made it for today. Thank God I have been makin' that decision every day for quite some time now.
indulging such thought, or with forcibly kicking them out whenever they try popping in

B'hatzlachah

=====

=====