## **GYE - Guard Your Eyes**

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Struggling and confused Posted by ehrliche.bochur - 11 Dec 2014 12:49

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Hello. After many months reading here I decide to register and join officially. I am 20 years old married B"H to wonderful woman. I have struggled with SSA since I am 16 but never let it come to actions. When I have stressed and difficulties. I begin to slip and look at materials on the internet. But I know this is only temporary relieve and it is causing me to slip farther away.

My problem now. Is that I struggle the most with maggid shiur. This is one of my biggest triggers. I question myself if I am only going to look. Or if it is to learn.

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