

fell after sober a year - sponsor needed

Posted by ddmm11219 - 29 Oct 2014 22:50

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after being good n pretty well for a year, i slipped for a few weeks

(not p--n or act----t) but in contacting some1 i didnt for over a year

i guess i need to do more constructive.

sponsor for 12 steps,

maybe live SA meeting

confused

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Re: fell after sober a year - sponsor needed

Posted by pischoshelmachat - 30 Oct 2014 02:37

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Hi,

I am not in any position to offer advice but I can tell you that I am inspired by you. Do you have anyone you can call and share with? Do you participate in any telephone conferences?

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Re: fell after sober a year - sponsor needed

Posted by ddmm11219 - 30 Oct 2014 18:57

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i start this morning with some1 the 12 steps by making a Sheeur with him on the phone

who knows?

hashem please help

i cant myself

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