

im me and happy to finnaly join

Posted by yidtryingharder - 23 Oct 2014 23:55

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in a nut shell im on and of shmutz from porn to masturbation to all the garbage I was told about  
it from friends and couldn't stop till now here goes hishtadlus

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Re: im me and happy to finnaly join

Posted by cordnoy - 24 Oct 2014 00:15

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Welcome aboard!

b'hatzlachah

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Re: im me and happy to finnaly join

Posted by yidtryingharder - 24 Oct 2014 00:34

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thanks

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Re: im me and happy to finnaly join

Posted by dms1234 - 24 Oct 2014 04:03

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WELCOME!!!!!!!!!!!!!!!!!!!!!!

Check out the [GYE Handbook](#) and [Skep's tips](#)

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Re: im me and happy to finnaly join  
Posted by gibbor120 - 24 Oct 2014 23:24

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WELCOME! You are in the right place. Keep reading and keep posting!

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Re: im me and happy to finnaly join  
Posted by yidtryingharder - 24 Oct 2014 23:39

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Being that I started my journey yesterday, I still have flashbacks of pics and videos pretty often. if I can't get it off my head, I learned that just thinking : Hashemite my lust is yours it's not mine please take it , has helped me a ton. Thought I'd share have a gr8 and uplifting shabbos

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Re: im me and happy to finnaly join  
Posted by Hatzileini Na - 25 Oct 2014 01:12

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Welcome aboard. We're all fighting similar battles.

Have a great Shabbos.

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