

Big Steps

Posted by Shlomo24 - 21 Oct 2014 17:59

i came to israel for y"t and i am staying here,
im going to be going to yeshiva here also.

Why did i switch? well i came here and i was hooked up with a bunch of guys who also have ssa just like me. that is something that i never experienced in america, simply because of logistics and availability. i israel there is a whole support group of guys who are willing to reach out and connect with each other. its amazing.
hey whats up yall? im in israel now, permanently

additionally, because the gay rights group has a much smaller contingent here, many therapists openly say that they can change ssa. something that i would say is close to nonexistent in america, b/c u could lose your job from saying that, especially if the media finds out. i started going to a therapist who specializes in ssa and so far it has been awesome.

another reason is that in israel the general atmosphere is an atmosphere that is dedicated to torah and growth in yiddishkeit (at least in yerushalayim). i personally see that the level of tznius is much higher here. in america it has become normal for women to wear skirts above the knee, i am not sure who made up that garbage halacha. in israel the percentage of women who are untznus is soooooo much lower.

also, i have started going to sa in israel. what is unique is that i would say 97% of the members are frum, not just that, in fact most of them are in yeshiva/kollel and look like yeshivish guys.

basically, the feeling i am getting is an overwhelmingly positive one. with a lot of seyata deshmaya i have arrived here. i actually have to thank gye, because i would have never gone to sa if not for gye. also i made contact with someone who has ssa through gye and he was the one who gave me the original numbers of other guys that i could talk to.

KOT! YTC!

=====
=====

Re: Big Steps

Posted by Singularity - 03 Jan 2017 09:08

Gosh Shlomo. That's proper *pikuach nefesh*. You saved a whole world.

And perhaps you wouldn't have had such balls had you not opted for a program of recovery.

Which you wouldn't have done if you didn't have your disease.

Refuah before the *Machalah*?

Also, why did you dad refuse her to go? Are there some control/dominance issues running about?

=====

Re: Big Steps

Posted by Shlomo24 - 03 Jan 2017 15:42

[Singularity wrote on 03 Jan 2017 09:08:](#)

Gosh Shlomo. That's proper *pikuach nefesh*. You saved a whole world.

And perhaps you wouldn't have had such balls had you not opted for a program of recovery.

Which you wouldn't have done if you didn't have your disease.

Refuah before the *Machalah*?

Also, why did you dad refuse her to go? Are there some control/dominance issues running about?

Yes.

=====

=====

Re: Big Steps

Posted by Shlomo24 - 05 Feb 2017 19:14

I reached 90 days. Yay!

=====

=====

Re: Big Steps

Posted by stillgoing - 05 Feb 2017 19:48

[Shlomo24 wrote on 05 Feb 2017 19:14:](#)

I reached 90 days. Yay!

As my friend Shlomo would say "90 times 1 day."

ly"H many more.

Hatzlacha.

=====

=====

Re: Big Steps

Posted by GrowStrong - 05 Feb 2017 22:11

Wow amazing Shlomo

Inspirational!

=====

=====

Re: Big Steps

Posted by Shlomo24 - 05 Feb 2017 22:17

Also, I haven't been so active on the forums because A) Life (I have a very busy schedule) B) I am working my 4th step right now and I don't feel in a secure enough state to respond on the forum for many items. A lot of times I want to respond, but it's because I get a feeling of resentment. For now, I am just letting go and not getting involved in the conversations in the first place. Also, I'm going through a time period where it's very hard to hear the shares of newcomers. I tend to get angry and feel like I have all the answers. So maybe when things settle down I'll be more active, but not right now. Although, I do love the "Daily Quote" section. I think I check it every day. Very nice and not very political. (Speaking of which, I only read sports news now because the political climate is so volatile and it feeds my resentments and anger. And I'm a Republican even).

=====

=====

Re: Big Steps

Posted by Workingguy - 05 Feb 2017 23:36

Totally relate to the getting angry at the shares of newcomers. It's very hard sometimes.

=====

=====

Re: Big Steps

Posted by cordnoy - 06 Feb 2017 01:07

[Shlomo24 wrote on 05 Feb 2017 22:17:](#)

I am working my 4th step right now and I don't feel in a secure enough state to respond on the forum for many items. A lot of times I want to respond, but it's because I get a feeling of resentment. For now, I am just letting go and not getting involved in the conversations in the first place. Also, I'm going through a time period where it's very hard to hear the shares of newcomers. I tend to get angry and feel like I have all the answers. So maybe when things settle down I'll be more active, but not right now. Although, I do love the "Daily Quote" section. I think I check it every day. Very nice and not very political. (Speaking of which, I only read sports news now because the political climate is so volatile and it feeds my resentments and anger. And I'm a Republican even).

Go Cubs!

=====

=====

Re: Big Steps

Posted by Hashem Help Me - 06 Feb 2017 03:52

[Shlomo24 wrote on 05 Feb 2017 19:14:](#)

I reached 90 days. Yay!

Mazel tov! Super inspiration for all of us. Just curious Why don't you update the days so everyone can see another successful guy who made it? It really helps the rest of us

=====

=====

Re: Big Steps

Posted by Shlomo24 - 06 Feb 2017 04:13

[Hashem Help Me wrote on 06 Feb 2017 03:52:](#)

[Shlomo24 wrote on 05 Feb 2017 19:14:](#)

I reached 90 days. Yay!

Mazel tov! Super inspiration for all of us. Just curious Why don't you update the days so everyone can see another successful guy who made it? It really helps the rest of us

That's a legitimate question. I do like to help others, but not at the cost of myself. I used to display my day count, and it became all about the days, not about quality. I don't want to go back there. I have internalized the concept of ODAAT and I therefore keep it at 1 day. Also, I have not "made it," I'm very far from that. Very far.

Additionally, I think I can help people with only displaying 1 day. It shows others the concept of ODAAT. Also, sometimes people will evaluate a post based on the amount of days the poster has. But I removed that luxury from myself and now people have to objectively evaluate what I'm saying, which I like. My sobriety should be evident even without my day count. Which I think is true for the most part.

=====

Re: Big Steps

Posted by Singularity - 06 Feb 2017 09:34

[Shlomo24 wrote on 06 Feb 2017 04:13:](#)

[Hashem Help Me wrote on 06 Feb 2017 03:52:](#)

[Shlomo24 wrote on 05 Feb 2017 19:14:](#)

I reached 90 days. Yay!

Mazel tov! Super inspiration for all of us. Just curious Why don't you update the days so everyone can see another successful guy who made it? It really helps the rest of us

That's a legitimate question. I do like to help others, but not at the cost of myself. I used to

display my day count, and it became all about the days, not about quality. I don't want to go back there. I have internalized the concept of ODAAT and I therefore keep it at 1 day. Also, I have not "made it," I'm very far from that. Very far.

Additionally, I think I can help people with only displaying 1 day. It shows others the concept of ODAAT. Also, sometimes people will evaluate a post based on the amount of days the poster has. But I removed that luxury from myself and now people have to objectively evaluate what I'm saying, which I like. My sobriety should be evident even without my day count. Which I think is true for the most part.

Beautiful sentiment.

But I'd rather hear advice from someone with a little *more* than one days' recovery.

..

..

..

=====

Re: Big Steps

Posted by Hashem Help Me - 06 Feb 2017 12:26

[Shlomo24 wrote on 06 Feb 2017 04:13:](#)

[Hashem Help Me wrote on 06 Feb 2017 03:52:](#)

[Shlomo24 wrote on 05 Feb 2017 19:14:](#)

I reached 90 days. Yay!

Mazel tov! Super inspiration for all of us. Just curious Why don't you update the days so everyone can see another successful guy who made it? It really helps the rest of us

That's a legitimate question. I do like to help others, but not at the cost of myself. I used to display my day count, and it became all about the days, not about quality. I don't want to go back there. I have internalized the concept of ODAAT and I therefore keep it at 1 day. Also, I have not "made it," I'm very far from that. Very far.

Additionally, I think I can help people with only displaying 1 day. It shows others the concept of ODAAT. Also, sometimes people will evaluate a post based on the amount of days the poster has. But I removed that luxury from myself and now people have to objectively evaluate what I'm saying, which I like. My sobriety should be evident even without my day count. Which I think is true for the most part.

I understand but now that you hit 90 bli ayin hora i would reconsider. "Im koton ata b'einecha, rosh ata lanu..."

=====

Re: Big Steps

Posted by Shlomo24 - 06 Feb 2017 14:12

HHM: I hear, but it's not happening. If I didn't do it for 89, I'm not doing it for 90. (I've hit 90 days a bunch of times). No length of sobriety yesterday guarantees sobriety today. I had 9 months and then I acted out for a month straight and I did things I had never done before.

=====

=====

Re: Big Steps

Posted by ehrliche.bochur - 06 Feb 2017 15:57

[Shlomo24 wrote on 05 Feb 2017 22:17:](#)

(Speaking of which, I only read sports news now because the political climate is so volatile and it feeds my resentments and anger. And I'm a Republican even).

=====

=====