

Big Steps

Posted by Shlomo24 - 21 Oct 2014 17:59

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i came to israel for y"t and i am staying here,  
im going to be going to yeshiva here also.

Why did i switch? well i came here and i was hooked up with a bunch of guys who also have ssa just like me. that is something that i never experienced in america, simply because of logistics and availability. i israel there is a whole support group of guys who are willing to reach out and connect with each other. its amazing.  
hey whats up yall? im in israel now, permanently

additionally, because the gay rights group has a much smaller contingent here, many therapists openly say that they can change ssa. something that i would say is close to nonexistent in america, b/c u could lose your job from saying that, especially if the media finds out. i started going to a therapist who specializes in ssa and so far it has been awesome.

another reason is that in israel the general atmosphere is an atmosphere that is dedicated to torah and growth in yiddishkeit (at least in yerushalayim). i personally see that the level of tznius is much higher here. in america it has become normal for women to wear skirts above the knee, i am not sure who made up that garbage halacha. in israel the percentage of women who are untznus is sooooo much lower.

also, i have started going to sa in israel. what is unique is that i would say 97% of the members are frum, not just that, in fact most of them are in yeshiva/kollel and look like yeshivish guys.

basically, the feeling i am getting is an overwhelmingly positive one. with a lot of seyata deshmaya i have arrived here. i actually have to thank gye, because i would have never gone to sa if not for gye. also i made contact with someone who has ssa through gye and he was the one who gave me the original numbers of other guys that i could talk to.

KOT! YTC!

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Re: Big Steps

Posted by Shlomo24 - 13 Jul 2017 02:43

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[Markz wrote on 13 Jul 2017 01:01:](#)

It's great to see you trucking along with us despite your tight schedule

AND

Congrats on the well earned 100K!

You can thank Gev for that. I'm not really a karmaniac. But it's kool.

On a side note. I got really excited when you said 100k. One day I'll get that, if God wants me to.

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Re: Big Steps

Posted by Markz - 13 Jul 2017 03:21

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[Shlomo24 wrote on 13 Jul 2017 02:43:](#)

[Markz wrote on 13 Jul 2017 01:01:](#)

It's great to see you trucking along with us despite your tight schedule

AND

Congrats on the well earned 100K!

You can thank Gev for that. I'm not really a karmaniac. But it's kool.

On a side note. I got really excited when you said 100k. One day I'll get that, if God wants me to.

Your expectations are WAY too low

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Re: Big Steps  
Posted by Singularity - 14 Jul 2017 10:43

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SHLOMO!

You are massively inspiring. Keep on living!!!

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Re: Big Steps  
Posted by Shlomo24 - 14 Jul 2017 12:39

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If anyone is going to the SA convention and wants to meet me, my number is in my signature.

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Re: Big Steps  
Posted by Shlomo24 - 17 Jul 2017 02:39

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Quick update: I don't really share my life on this forum anymore, but this I wanted to share. I went to an SA convention over the weekend and I learned a lot about myself. I have had a very dramatic year in my personal life and during the convention I realized that I might need extra help, beyond SA alone. I spoke with my Sponsor about it and he supported me and encouraged me to explore and try to get the help I need. I am now admitting that I, Shlomo, qualify for the S-Anon program and I am going to seek help in the anon fellowship area. The first step of S-Anon

is that "We admitted we were powerless over sexaholism, that our lives had become unmanageable." I admit that 100%. I am powerless over it. Whether it be other sex addicts or myself. I have found recovery in my SA program, and thankfully I no longer suffer or struggle with lust. But my serenity and emotional sobriety has been a complete roller coaster. Not getting too much into it, but one of the parts of the S-Anon problem is "We consistently fell for people who could not or would not be able to love and support us the way we needed." I relate to that very strongly.

I feel like I am at Step 1 again (I literally wrote a Step 1 about this under the suggestion of my Sponsor) and I need a lot of help. But I am grateful that there is help out there for me. I hope that I find what I am looking for in the Anon groups.

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Re: Big Steps  
Posted by Shlomo24 - 18 Jul 2017 18:29

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I was given access to the married men's forum. Not sure how that happened. I had 700 new replies today. I'm assuming this was a mistake. I emailed Guard, but I wanted to publicize it if anyone can do something about it.

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Re: Big Steps  
Posted by Markz - 18 Jul 2017 18:41

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[Shlomo24 wrote on 18 Jul 2017 18:29:](#)

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Just get married and all your problems will be solved

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Re: Big Steps  
Posted by Shlomo24 - 18 Jul 2017 18:42

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[Markz wrote on 18 Jul 2017 18:41:](#)

[Shlomo24 wrote on 18 Jul 2017 18:29:](#)

I was given access to the married men's forum. Not sure how that happened. I had 700 new replies today. I'm assuming this was a mistake. I emailed Guard, but I wanted to publicize it if anyone can do something about it.

Just get married and all your problems will be solved

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Re: Big Steps  
Posted by Shlomo24 - 21 Jul 2017 06:52

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Apparently I'm still married... Anyone else having this issue? (Not that they are still married, Lol. But that they can access the married forum).

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Re: Big Steps  
Posted by MayanHamisgaber - 21 Jul 2017 08:25

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Re: Big Steps  
Posted by Shlomo24 - 21 Jul 2017 13:50

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[MayanHamisgaber wrote on 21 Jul 2017 08:25:](#)

Look out boys here come the newest Mod.

I hope not... Ain't nobody got time for that.

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Re: Big Steps  
Posted by GuideMe - 01 Aug 2017 19:32

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sup Shlomo?

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Re: Big Steps  
Posted by Shlomo24 - 01 Aug 2017 19:35

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Hello, dude. You haven't been here for a while. If you want to communicate, please email or text me.

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Re: Big Steps  
Posted by Shlomo24 - 07 Aug 2017 14:11

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9 months sober!

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Re: Big Steps  
Posted by Hashem Help Me - 07 Aug 2017 17:24

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[Shlomo24 wrote on 07 Aug 2017 14:11:](#)

9 months sober!

Mazel tov! Kein yirbu b'ezras Hashem! And thanks for your insightful posts.

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