GYE - Guard Your Eyes Generated: 23 August, 2025, 14:13

Emission caused by anxiety Posted by jb789 - 07 Oct 2014 21:52
Does anyone ever experience the leaking of zera due to extreme anxiety? Is this included in the issur of zera levatala? I know for myself that it is a complete Ones. It happens sometimes during test taking and is not accompanied by any thoughts or even kishui.
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Re: Emission caused by anxiety Posted by gibbor120 - 08 Oct 2014 00:32
Welcome. It sounds like a medical question. I don't know.
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Re: Emission caused by anxiety Posted by reallygettingthere - 08 Oct 2014 02:25
1. No
2. Definately no (dont worry about the issur of MZL)
But i would agree with gibbor sounds like a medical question
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Re: Emission caused by anxiety Posted by godhelp - 08 Oct 2014 05:04
Not to freak you out but ask your doctor.
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Re: Emission caused by anxiety Posted by shomer bro - 12 Oct 2014 05:49
Not an issue. It's not uncommon and happens to people when playing sports. Just maybe keep an eye on how much is coming out, but it's probably not an issue physically or spiritualy
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Re: Emission caused by anxiety Posted by Shlomo24 - 12 Oct 2014 13:41
here is a tumah called zav which u have to go 2 the mikveh for, its a different emission though dont know the halachos of it, u might wanna check it out though.
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Re: Emission caused by anxiety Posted by shomer bro - 12 Oct 2014 21:03
But he's describing zera, which is a different tuma which Hillel was mesaken tha we don't need o toivel for anymore. Zav is a different emission of sorts which isn't common these days