

Help us Grow!

Posted by iwtgbsd - 09 Sep 2014 08:54

Shalom Aleichem everybody!

I've been visiting the site for some time now and have gained from it alot! I am so impressed with the achdus that is created from this site!

I understood that it was recommended to share your story with the oilam, so without further ado, here's my story:

In 8th grade, a classmate explained to me about mstrbt, and after trying it, i got hooked. i didn't realize the seriousness of it, although it didn't seem like the right thing. I would hide advertisements that came in the mail in the bathroom and use them. I also stumbled upon "romance" novels and would hide and use them as well. I went to yeshiva, and b"h i was a serious and dedicated bachor, and met the right friends (all incredible siyata dishmaya) and really grew. But all that time i couldn't stop acting out- even when learning the seriousness of it. And during bein hazmanim, i had figured out my fathers password to unblock the internet, and my kabbalos of yom kippur wouldn't even last till succos. and the same would happen every off shabbos and bein hazmanim. this continued until i was about 19 yrs. old with my longest streak being a few weeks during elul. Alone and frustrated with myself, I had an inspiration to write a letter to a Gadol and he replied with a bracha, and maybe from his bracha that i finally had the courage to speak to a rebbi of mine about my acting out (not what the triggers were). Be"h he suggested a method similar to Taphsic, and it helped - i fell once badly and had to embarass myself REALLY badly (as the knas), and after that we modified the kabalalah and i stopped for a long time (maybe a few years). I married relatively young, but a while into my marriage there was some hole in my internet filter (and it could be was after a baby) and i fell. I felt very down. Since then in last about 7 years, i installed a filter/reporting software [the reporting software is a really good deterrent] and i was doing pretty good, staying away from the triggers, with a lot of

.

Recently, however, my situation changed - i moved, and now although my filter is pretty good, i am around other not blocked computers, and i'm having big nisyonos on some days and i fell pretty bad. i realize that i really need a big chizuk to keep strong, and so i'm trying to tap in to GYE.

Thanks for reading and tizku l'mitzvos!

may Hashem give us the ability to beat this nisayon, and be able to serve Him properly!

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Re: Help us Grow!

Posted by iwtgbsd - 10 Sep 2014 22:53

"I want to grow - B'syata D'shmaya"

I appreciate all the input.

I'm on right now because i feel like i need some chizuk right now.

You know - stuck in the house when noone will know what you're up to... and other peoples unfiltered computers around (not my house).

Thanks for the chizuk everyone!!

I really appreciate that a number of people posted over here - you should all know how much it means (which you probably already do and thats why you did it)

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Re: Help us Grow!

Posted by dms1234 - 10 Sep 2014 23:32

I will try getting better still day

i went to get banana strawberry DONUTS!

I was tanning great beside some delicious....

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Re: Help us Grow!

Posted by iwtgbsd - 03 Mar 2015 04:53

havent posted for a while.

I was cruising real great for a while, then suddenly, i figured out this huge hole in my filter - like a way i can turn it on and off, at will. I even contacted the programmers and they said they're working on it... but in the meantime? anyway, so bez"h the taphsic shvua usually helps me, but this hole was way too big for me, so i couldn't wait till the time for my shevua was up... [looked at stuff i shouldn't have... at least not worse than that...]

b"h i'm back on the shva now and feel mchuzak, but i just had a few minuted to get back on to post. it's incredible how everything can fluctuate so intensely over times.

I find it very hard to post and follow on the site, it takes alot of time, and i don't want my wife to figure out that on this site...

either way, i had some time so i took advantage.

nice to feel connected again.

hatzlacha to everyone

for all the guessers,

my username stands for I Want To Grow Bsiyata Dshmaya

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Re: Help us Grow!

Posted by Appearance - 03 Mar 2015 06:47

[iwtgbsd wrote:](#)

I've already downloaded the handbook just i haven't been so succesful at reading it yet: it's hard for me to read books on the computer (kosher ones at least), looking

It is useful for you to read the handbook on the smartphone.

perhaps I can make it for you to read it there ..

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Re: Help us Grow!

Posted by gibbor120 - 03 Mar 2015 17:04

Filters only work if you do not test them to see if they work.

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