

looking for help

Posted by trysohard - 04 Aug 2014 11:50

i usually don't have web access but for the next 2 weeks i'm staying somewhere that has. just tonight i fell and decided it's time to join. i've been struggling on and off for over 10 years. even when i don't have a pc, i use my wife's cellphone (not a smartphone) which she doesn't realize has internet. Hashem please help me find a **permanent** solution here!

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Re: looking for help

Posted by trysohard - 13 Aug 2014 07:19

GREAT NEWS! I DID IT! the filter is now linked to my wife's sisters email! i know i still have a lot more to do, but boy was this a big step! Thanks Big Moish, Cordnoy, Pidaini, and all the rest of the chevra. i'm just getting to know you guys, but in a way i feel closer to you than my other friends. i'm sure you all- WE all understand that feeling. Looking forward to informing you about my continued recovery!

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Re: looking for help

Posted by Bigmoish - 13 Aug 2014 08:20

Woohoo! You just made my day. I wasn't feeling that great till I saw this post.

Good luck going forward. It's still tough, but now you're really headed in the right direction.

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Re: looking for help

Posted by shomer bro - 13 Aug 2014 08:33

I'm so happy for you! One of my big steps to recovery, which I'm still on, was to get accountability software for my laptop. Yes, there are times when I may have access to someone else's, but it makes a big difference to not always have that nisayon.

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Re: looking for help

Posted by trysohard - 14 Aug 2014 06:15

Rabbosai! I'm officially clean for (Big Moish- drumroll please) ONE DAY! Oh, i know, big deal, but this is the first day this week that i could say that. B'ezras Hashem, today will be my second day. Hatzlacha to all!

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Re: looking for help

Posted by cordnoy - 14 Aug 2014 06:21

Great to hear!

One Day at a Time!

b'hatzlachah

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Re: looking for help

Posted by lavi - 14 Aug 2014 15:27

hi tsh.

i have done a drumroll for you.

every struggle that you do,

and every day, is a victory,

hint..you may find it useful in your clean time to think how you are gonna act when confronted, or how to avoid confrontation, etc.. and of course in a way that doesn't make pressure.

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Re: looking for help

Posted by Bigmoish - 14 Aug 2014 17:36

It is a big deal!

Remember, today is the first day of the rest of your life.

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Re: looking for help

Posted by shomer bro - 14 Aug 2014 18:16

WOOHOO!!!! That's awesome to hear!!!! Every day in our struggle should be viewed as Day 1, and we gotta take it all one day at a time. May you go m'cahyil el chayil!!!

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Re: looking for help

Posted by Pidaini - 15 Aug 2014 06:37

Glad to hear!!

KUTGW!!

How's it going with the rest of lusting?

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Re: looking for help

Posted by trysohard - 15 Aug 2014 18:00

Just a quick update that things are still going well, B"H. Thanks for all the chizuk guys!

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Re: looking for help

Posted by shomer bro - 15 Aug 2014 21:16

I'm not married, yet, but to me it makes sense. Since you don't have that healthy outlet of tashmish, naturally the yetzer hara will want to push you in another direction.

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Re: looking for help

Posted by Bigmoish - 17 Aug 2014 09:12

I think everyone has a hard time in a certain respect during niddah period, but it's a good time to internalize the message that total abstinence is possible (Dov has mentioned this many times), and we should really only be focusing on our wife's needs. This can be easier in a way during this time, because we can try to think of ways to help our wives, or do kind things for them, without the thought of getting anything physical in return.

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Re: looking for help

Posted by trysohard - 17 Aug 2014 09:40

sorry. i just realized that i should save that discussion for the balei battim's forum

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Re: looking for help

Posted by trysohard - 19 Aug 2014 23:16

Hi all. just letting you know that as of tomorrow, i won't have access to the web (often). So i'm not gone, just not around. i'll check in when i can bl'n. if anyone has a phone number to give me in case i need to reach out when i don't have access, i'd appreciate it.

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