

Bigmoish tries to be good

Posted by Bigmoish - 29 Jul 2014 22:51

Hi everyone,

First of all, I've been hanging around the forums the last few days, and seeing how much love and support there is among everybody here just gives me so much chizuk.

I have been acting on my fantasies since I've been 12-13 (currently in my 20's). I was always considered a "metzuyan," and I had a difficult time through high school, putting on a show of "frimkeit." I constantly tried to stop through mussar, but I always fell within a few days. This continued through my years in yeshiva, and I struggled to keep the facade going. Ultimately, I married a great girl, and we have a beautiful family k"ah.

Shortly after our marriage, I developed an attraction for my wife's sister. I was inwardly depressed, wondering whether I may have made a mistake to marry to marry someone too "aidel," while suppressing my fantasies. I begged Hashem to take away the YH, because my wife really loved and respected me, and I didn't want to ruin that. After a few months/years of fantasizing about my SIL (sister-in-law), I opened up to a Rebbe about my issue. Although I don't feel comfortable telling him about my nisyonos before marriage, it is still good to have someone to talk to.

The hardest part of my struggle is the isolation, which is probably why I get so much chizuk here. Because of the closeness between my wife and her sister, I dont see any good ever coming out of me telling her my feelings, nor do I anticipate that I will ever go more than a few days/a few weeks without seeing my SIL.

However, while reading the forums here, I discovered new things about myself that really brighten me up:

1. I'M NOT ALONE

I feel that in some ways, this nisayon is especially difficult, because I cannot install a "filter" on my seeing a relative! Aside from the multitudes of precious yidden going through similar nisyonos, I found extra support from reading Positivity's posts, seeing how he is also struggling with this type of nisayon.

2. I DON'T NEED SEX

This is probably the biggest game-changer for me, if I can ever truly internalize it. I actually visited GYE a few years ago, hoping to "get out of the schmutz," but I realize now that I wasn't mature enough to accept this fact back then. I needed to be a little more depressed, and have a few more years of marriage under my belt to finally recognize that a true loving marriage doesn't have to include wild fantasies, and will still probably be more physically and emotionally fulfilling, which brings me to my final discovery about myself (thanks Dov and everyone else):

3:I NEED TO BE CLEAN SO I CAN FEEL GOOD ABOUT MYSELF, LOVE MY WIFE, AND HAVE A MORE **ENJOYABLE** LIFE. NOT TO AVOID PUNISHMENT OR MAKE HASHEM HAPPY.

Of course, I still feel that the latter are vitally important, but they simply aren't enough to keep me from the fleeting pleasures of fantasizing about women!

Well, I started my 90 day journey 2 days ago, and I hope that with this newfound insight and tons of support, I can start on the path to true happiness and taharas hamachshavah.

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Re: Bigmoish tries to be good
Posted by Bigmoish - 18 Aug 2015 00:48

[Shlomo24 wrote:](#)

welcome back Big Fresh Moish!

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Re: Bigmoish tries to be good
Posted by Shlomo24 - 18 Aug 2015 02:26

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Re: Bigmoish tries to be good
Posted by Bigmoish - 18 Aug 2015 02:38

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Re: Bigmoish tries to be good
Posted by cordnoy - 18 Aug 2015 02:57

[Shlomo24 wrote:](#)

awkward, thought this was a new thread from BM, i didn't look at the dates

I noticed that many people don't realize when I bump a thread.

They say: Hey R' Bard, good to hear you're doin' swell.

or...

Silent Battle, good stuff!

or....

Letakein, how'd you slip in here?

or.....

Rage, what da !@\$% was up with you yesterday?

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Re: Bigmoish tries to be good
Posted by Bigmoish - 18 Aug 2015 03:00

I think of the long lost old timers, I would appreciate most to hear from blind beggar.

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Re: Bigmoish tries to be good
Posted by cordnoy - 18 Aug 2015 03:01

[Bigmoish wrote:](#)

I think of the long lost old timers, I would appreciate most to hear from blind beggar.

He sure had a way with words.

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Re: Bigmoish tries to be good
Posted by ZemirosShabbos - 18 Aug 2015 14:56

[Bigmoish wrote:](#)

I think of the long lost old timers, I would appreciate most to hear from blind beggar.

i emailed him a link to your comment

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Re: Bigmoish tries to be good
Posted by Blind Beggar - 19 Aug 2015 20:02

Hi Bigmoish,

I haven't been on this Forum for ages. I am, by the grace of G-d, SA sober for 1,609 days (4 yrs. 4 mos.) When I went to SA 4 years ago I believed I was a sexaholic but I cannot honestly say that now. I can literally cry about the wreck I was back then when my mind was a 24 hr. soft porn movie theater and I needed to go to the mikva a few times a week.

Of course, there are always nisyonos and I still have bigger nisyonos than most men in these inyonim. I travel on buses every day with women on the bus and women in the street and at work there is a new girl who is not very attractive but reveals flesh. I'm going to try the 90 day wall thing again to keep GYE clean instead of only SA sober.

A SIL crush is a difficult situation. Mine are all thousands of miles from Meron. It's good that your wife told you about her sister's problems because people have problems and objects offer pure pleasure.

Keep smiling and keep going.

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Re: Bigmoish tries to be good
Posted by cordnoy - 19 Aug 2015 20:06

[Blind Beggar wrote:](#)

Hi Bigmoish,

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Keep smiling and keep going.

Great stuff!

Thanks for poppin' in.

b'hatzlachah to you

Stay to the right side of the bus!

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Re: Bigmoish tries to be good
Posted by Bigmoish - 19 Aug 2015 20:11

Thanks for gracing my thread with your presence.

The old timers are a bit legendary by now.

Good to see you made it back here from the secret forum where everyone else went.

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Re: Bigmoish tries to be good
Posted by stillgoing - 23 Aug 2015 15:11

Great to have you with us. (Good you haven't disappeared to the secret forum)

I know that you've been here longer then me, but everyone can use a new welcome every once
(and TZ and SG and BB [why not :P:]) (Maybe you can
have the Rebbe come back too, since you seem to have the power of t'cheyas ha'masimchaim)

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Welcome Moish!

in a while. Welcome to you too Cords.