

The war that must end

Posted by Yid Again - 28 Jul 2014 05:30

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Ok I've never opened up to any living being about my struggles. But today is the day everything changes.

I've ways been considered the "perfect kid" my whole life. I did well in learning, secular studies, and sports. I have friends and a warm personality.

People treat me as if I was a fundamentally solid Jew.

The truth is, I never told anyone that I lived a double life. I am currently 19 years old and have been struggling with Shichvas Zera since I was 14. No one has known. They all assumed I was that "perfect kid" who doesn't look at bad things. I wish they were right.

I'm not the type of person to open up about myself, but here I am posting on a forum I barely know. Why? Because this battle must end now. I used to think I could fight this by myself. But I can't. I need help. I need chizuk. I don't want to be stuck in Tumaah for the rest of my life.

Hopefully this is the start of a new day for me. Hopefully I can finally rid myself of this 5 year addiction.

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Re: The war that must end

Posted by cordnoy - 28 Jul 2014 05:39

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Welcome

May all your hopes turn into reality.

There are threads just for teens here:

[Are you a teen?](#)

b'hatzlachah

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Re: The war that must end

Posted by Yid Again - 28 Jul 2014 07:39

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Won't be a teen for much longer. But I guess, yea, still a teen.

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Re: The war that must end

Posted by reallygettingthere - 28 Jul 2014 11:08

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You are very lucky to have this resource at your age.

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Re: The war that must end

Posted by shivisi - 28 Jul 2014 13:01

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[cordnoy wrote:](#)

Welcome

May all your **hopes** turn into reality.

Just for the purpose of clarification, YID, In Cordnoy's Dictionary **REALITY = ACTION!**, so what he meant to say was: May all your **hopes** turn into **ACTION**.

AMEN

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Re: The war that must end

Posted by Pidaini - 28 Jul 2014 16:43

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Welcome fellow Yid!!

It's really great that you came to look for help and brought out that you have a problem. It's really hard for us to come to terms with that especially for us who have been hiding that fact, from ourselves and others, for so many years!!

Wherever you end up posting, keep it up!! Get into it, it's worth it!!

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Re: The war that must end

Posted by dd - 28 Jul 2014 18:31

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Welcome Yid Again!!!!

may this really be a special day in you life and a changing point, great that you opened up i wish i would have done it at your age, just want to remind you that its a mindset we need to change so it might not take just one day so hang in there and your in recovery,

KOP(posting)!!!!

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Re: The war that must end

Posted by gibbor120 - 28 Jul 2014 21:02

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WELCOME! You have taken a GIANT step in the right direction. Read the handbook. Keep Posting. Many of us wish we had reached out at 19, not 15 or 20+ years later. If you do not adress it, it only gets worse, not better. Address it now, and you will save yourself years of heartache. Things can get better. Commit to do whatever it takes.

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Re: The war that must end

Posted by dms1234 - 29 Jul 2014 19:41

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WELCOME!!!!!!!

Check out: [Skep's tips](#)

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