

Seeking for real freedom.

Posted by formyself#1 - 15 Jun 2014 01:14

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i Understand my core problems, self confidence,my insecurities and looking to fill that void is the reason i chase this lust. but why i have soo much going for me in my life. i have turned around my life soo much from not being frum for a few years doing drugs and girls. and i have devoted my life to avodas hashem in the past few years. alot of learning, davening, 1 on 1 conversations with my higher power who i choose to call hashem..(i got that from 3 great years in AA) SAVED my life otherwise i would've have been dead. why do i feine to look at shmutz online. i have devoted myself to hashem fully but in this area i struggle immensely. i cry to hashem in my shemonei esrie when i really want to change.than i have a bad day or 2 and i say i dont every want to change. but now that i am married a few months it doesnt really matter what my mind wants. i need to do whats right. i am not totally ready to go to sa meetings cuz my wife is not in the know about my porn issue. this writing is already bring relief. to all my holy brothers out there we need each other.. now i need you guys (GYE) please help i will put more effort than ever before in this area and fight and amertza hashem live in peace and tranquility as the promises say. it fells weird when i shtag in yeshiva 2 sedarim a day and than late at night when my wife is sleeping i look at inappropriate images/videos.

I know this will be a hard habit to break it has been since i am 12-13 years old. and i only strung more than 2 weeks together 5-6 times. and the longest 30 days.

thank you in advance GYE members.

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Re: Seeking for real freedom.

Posted by gibbor120 - 22 Dec 2015 19:46

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[formyself#1 wrote:](#)

... i have a filter .. but i had my wife allow youtube.. and i find myself getting stuck  
Get rid of youtube!

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