

firstyid's Introduction

Posted by firstyid - 08 Jun 2014 20:33

Hi Everyone from this Holy Community,

Well, I'm finally HOME!!!

It's been about a dozen years with ups and downs. In the latter few, I was certain that there is no way out (actually, I thought marriage will help but it wasn't long before I found out it won't).

It isn't fair for me to bore you with my whole history of ups and downs. It isn't much different than most of yours.

Just a few pointers to get an idea of my situation:

- FFB (Frum from Birth)
- Started ma*****ing at 12ish
- P****graphy came soon after
- B"H no internet at home but had every so often at my father's office
- Internet access on cell phone the last few years
- Married with a beautiful wife
- Two months ago found out about GYE
- Realized how I am addicted
- Hit bottom
- Ready to make this a success
- MOST OF ALL, I CAN'T DO IT WITHOUT YOU!!!

At this time I have read through the GYE Hand Book, added filters to my computer and cellphone and joined the 90 day program.

I'm looking for a sponsor, preferably someone from a similar background and situation.

Feel free to reply, your Chizuk is much appreciated.

firstyid

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Re: firstyid's Introduction

Posted by firstyid - 02 Jul 2014 21:44

[Pidaini wrote:](#)

How are you doing?

How's it going on offense?

Hi Pidaini,

Thank you for checking in on me.

BH all is well and I'm definitely trying to play offense while letting Hashem play the defense.

My sponsor (who's a Tzaddik) is working with me to do my first step properly. And it's an amazing experience. Hashem has kept me sober ever since I joined GYE, BH. And I'm looking forward to working this program properly.

Have a sober 24,

firstyid

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Re: firstyid's Introduction

Posted by firstyid - 02 Jul 2014 21:45

Is going to live meetings right for me? Or are phone meetings better?

If you could provide me with your experience I'd appreciate it.

Have a sober 24,

firstyid

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Re: firstyid's Introduction

Posted by kilochalu - 06 Jul 2014 05:03

can't answer for you

but live meetings are definitely more powerful

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Re: firstyid's Introduction

Posted by cordnoy - 06 Jul 2014 09:16

live meetings work better for me.

they are more personal.

b'hatzlachah

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Re: firstyid's Introduction

Posted by gibbor120 - 07 Jul 2014 20:08

See what works. Try different tools. Open up on the forum, on phone meetings, whatever you need. If you see that you need something more, then consider live meetings.

It's like the bottle of Advil recommends, "take the smallest dose that does the trick" (or

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Re: firstyid's Introduction

Posted by cordnoy - 28 Nov 2014 19:52

or perhaps:" take a dose that *hurts* at least a bit!

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Re: firstyid's Introduction

Posted by firstyid - 28 Nov 2014 19:58

[cordnoy wrote:](#)

or perhaps:" take a dose that *hurts* at least a bit!

something like that

Why would somebody take a dose that hurt?

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Re: firstyid's Introduction

Posted by cordnoy - 28 Nov 2014 20:07

Thanks for answerin'

For if it hurts, that usually is a sign that you're doin' somethin' that's workin'...somethin' that is changin' your mindset and life.

b'hatzlachah

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