

Relationship with best friends mother

Posted by charlie - 14 May 2014 15:33

I feel lost - I try to ignore the whole event But when I was a teenager I had a sexual relationship with my best friends divorced mother.

I have heard on the grape vine that my best friend is now also hozer betshuva and married with children should I make contact and beg forgiveness. He did eventuallu find out and was negative. I am not sure he knew the whole story.

I knew nothing back then but the relationship taught me to lie and cheap and be crafty - I feel that these middos are still effecting me now. She adored me I felt great with her.

Should I just ignore it wall (time has passed I am now in my 30's).

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Dovid

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Re: Relationship with best friends mother

Posted by Kedusha - 14 May 2014 23:56

No, please don't ignore it. Although I am not excusing what you did at the age of 16, your friend's mother, who was the adult in this relationship, is 100 times more culpable. What she put you through is tantamount to sexual abuse, even though you seemed to be a willing participant.

Find a good therapist to help you work through this. You still have a whole life ahead of you, be"H.

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Re: Relationship with best friends mother
Posted by SIB101854 - 15 May 2014 00:01

I agree-find a good therapist and work your way through this episode.

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Re: Relationship with best friends mother
Posted by TalmidChaim - 15 May 2014 05:06

I agree with the therapist suggestion.

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Re: Relationship with best friends mother
Posted by Sparky - 27 May 2014 03:02

she did abuse you. in many states she could get jail time for that. You were seduced by her. She has/had serious emotional issues and she took advantage of you. Often children who were abused re-enact the abuse when they are older. Good therapy would do you and your family a lot of good. hatzlacha.

Remember you bear very little blame here. It must be rough living with this all those years.

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Re: Relationship with best friends mother
Posted by shomer bro - 27 May 2014 04:13

What's more to say here? Do not approach this women, and seek therapy to help you through this tough period of your life. I can sort of relate, because when I was 9, my older cousin would

force me to lie with him while he would mb. It was an experience that had a tremendously damaging impact on my life. On the outside I may seem perfectly normal, but the seeds of SSA were planted in me, and it's my job now to work on dealing with the resulting weeds that grew. We all have things to deal with, which is why we are all here in the first place. We're all here for you, and with Hashem's help, you'll be able to overcome this obstacle no matter how hard it may seem to be. You can do it!

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