

Make sure to tell newcomers please

Posted by the.guard - 24 Apr 2014 18:39

When a newcomer posts on the forum for the first time, they often say that they've tried everything and ask, "so what do I do now?" Please tell them this:

Make sure to see the 12 suggestions on the [First Time Here page](#).

Also, check out your [Personal Home-page](#). It will guide you through each tool/task that we suggest, one by one, and help you track your progress in recovery.

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Re: Make sure to tell newcomers please

Posted by iwant2begood - 05 Jun 2015 21:14

i Have tried everything so i ask please what do i do now

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Re: Make sure to tell newcomers please

Posted by serenity - 05 Jun 2015 22:44

If you honestly gave yourself over and tried everything to your fullest potential, then you should accept your lot in life and God's Will for you to struggle and daven to him for Rachmanus every day.

Have a good Shabboss.

PS, Just wondering, how long have you been on GYE phone calls for, and which ones are you on?

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Re: Make sure to tell newcomers please
Posted by cordnoy - 07 Jun 2015 05:32

[iwant2begood wrote:](#)

i Have tried everything so i ask please what do i do now

what is everythin', and for how long?

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Re: Make sure to tell newcomers please
Posted by rhh - 11 Jan 2016 17:03

Hi

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Re: Make sure to tell newcomers please
Posted by daniel1969 - 14 Jan 2016 23:50

Hi this is my first time in the forum grateful for tips....

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Re: Make sure to tell newcomers please
Posted by markz - 15 Jan 2016 00:58

Welcome!!

First tip I recommend is start your own thread by clicking [HERE](#) where you can share your struggles and we can try to share what work for us

Crank up the truck and on you go!!!

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Re: Make sure to tell newcomers please
Posted by gibbor120 - 15 Jan 2016 18:54

Welcome! read the handbook. keep posting.

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Re: Make sure to tell newcomers please
Posted by TMSingle - 24 Feb 2016 15:04

[daniel1969 wrote on 14 Jan 2016 23:50:](#)

Hi this is my first time in the forum grateful for tips....

"the.guard" post=230596 date=1398364798When a newcomer posts on the forum former the first time, they often say that they've tried everything and ask, "so what do I do now?" Please tell them this:

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Re: Make sure to tell newcomers please
Posted by TMSingle - 24 Feb 2016 15:06

[gibbor120 wrote on 15 Jan 2016 18:54:](#)

Welcome! read the handbook. keep posting.

"the.guard" post=230596 date=1398364798When a newcomer posts on the forum former the first time, they often say that they've tried everything and ask, "so what do I do now?" Please tell them this:

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Re: Make sure to tell newcomers please
Posted by TMSingle - 24 Feb 2016 15:07

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Re: Make sure to tell newcomers please
Posted by iwillmakeit - 20 Apr 2016 20:23

Hi, I'm new to this whole thing hope it works

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Re: Make sure to tell newcomers please
Posted by markz - 20 Apr 2016 20:25

Hi nice to meet you!!!

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