

A Journey Without a Name

Posted by unanumun - 01 Apr 2014 07:34

here goes. after spending all day on the site, i downloaded k9 filter for my laptop. (my office has a filter and my phone has the browser blocked and my wife has the code)

i now signed up for the 90 days. I hope it is not too soon, but I think i can do it. i think that all the support everyone gets and gives around here might be enough.

i have nothing to lose i guess (I really want this to work) and I am feeling very optimistic. and having all my new friends know what is going on with me will probably be great for me.

Does anybody think I am making a mistake and going too fast?

Can there be a downside?

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Re: first try

Posted by skeptical - 13 Jul 2014 18:50

I've had similar dreams.

Just need to wake up, reassure yourself that it wasn't real, and move on.

Hatzlacha!

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Re: first try

Posted by unanumun - 13 Jul 2014 22:46

thank you. that is indeed what I did.

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Re: first try

Posted by Pidaini - 13 Jul 2014 22:55

yup, been there as well.

All the thoughts, the having to tell GYE, and I've even thought about how I'd share it at OINK...all in a dream!!

KOMT!!!

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Re: first try

Posted by dms1234 - 13 Jul 2014 23:55

WELCOME TO MY LIFE!!!!!! Anyhow, just brush it off and keep going along with your day. Don't think too much into it.

KOL!!!

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Re: first try

Posted by unanumun - 16 Jul 2014 15:48

I had a close call the other day. After all the stress that has building up in my life lately, I was slowly falling into the position of being out of control.

The other night i was catching up on some work in the office, and while there and not in the mood to actually get anything done, my mind started pulling me to sit around and watch youtube videos that would for sure be a quick ride to the abyss of acting out.

Thanks to all I have learnt by hanging out here, I recognized immediately that the urges were coming from feelings of stress and depression and frustration. While I couldn't really get myself

together at the time, I immediately opened up GYe and spent the next couple of hours chatting with several people.

It really was a great way to keep myself busy, discuss what I am dealing with, and just chill out and think about nothing important (like old cartoons and movies of my youth) It really saved me from trouble. thank you to the guys that chatted with me that night. you know who you are.

Also instead of falling deeper into frustration and guilt, I was able to pick myself up and continue on. I am doing a lot better today as a result of pulling myself together over the last few days. thanks to everyone here for your help.

Baruch Hashem for the first time in many births, I am managing quite nicely despite the prolonged separation. While the birth has thrown me way out of whack in general, in terms of lust and looking at porn, I have been doing great. I have stayed on the wall of honor and am approaching 110 days. but whose counting? the main thing is today is doing great and I was misgaber on my latest nisayon.

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Re: first try

Posted by lavi - 16 Jul 2014 20:20

I have been doing great. I have stayed on the wall of honor and am approaching 110 days. but whose counting?

i'm counting.(does that count??)

because it is a chizuk to me that it CAN be done.

chazak chazak v'nischazek.

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Re: first try

Posted by reallygettingthere - 16 Jul 2014 22:37

(Running in to the room out of breath)

Mazal Tov... Sorry I'm late....

Any Woodford left?

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Re: first try

Posted by Pidaini - 16 Jul 2014 22:41

Oh, sorry, another thing you missed.....We've given up woodford

Warning: Spoiler!

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Re: first try

Posted by reallygettingthere - 16 Jul 2014 23:19

[Pidaini wrote:](#)

Oh, sorry, another thing you missed.....We've given up woodford

Warning: Spoiler!

The only thing worse than Old Williamsberg is:

Warning: Spoiler!

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Re: first try

Posted by WhenZaidyWasYoung - 16 Jul 2014 23:29

[reallygettingthere](#) wrote:

[Pidaini](#) wrote:

Oh, sorry, another thing you missed.....We've given up woodford

Warning: Spoiler!

The only thing worse than Old Williamsburg is:

Warning: Spoiler!

Ahem sonnyboy

What is wrong with Old Williamsburg (and Old Granddad)?

People my age have been rinsing their dentures with that for a way, long time.

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Re: first try

Posted by godhelp - 17 Jul 2014 00:48

I am pretty new here, clean 8 days and counting.

I read through the full thread it was really inspiring

hope to meet you on the chart soon!!

and mazel tov, a lot of Nachus.

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Re: first try

Posted by shomer bro - 24 Jul 2014 20:32

unanumun, u rock! keep up the great work. it's a chizzuk to hear that you're monster trucking.

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Re: first try

Posted by unanumun - 25 Jul 2014 14:38

So it's been over a month since the baby was born (and pidaini, I also don't feel much of a connection to him. I barely even get to hold him. Too much competition with the older kids. But it is nice to see him sleeping content with life. He IS pretty cute[See here](#))

I haven't asked my wife about what her status is and how things are coming along. It is the first time in 8 kids. She did mention something to me about a week ago, but I didn't bring it up. (ALthough based on that conversation things seem a little strange to me)And I won't bring it up.

When things are ready to proceed they will. Hashem is in control. Baruch Hashem this is the first after birth time that I am not white-knuckling or falling. It is a really great feeling to keep on living and not be thinking about sex all the time.

Have a good Shabbos everyone.

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Re: first try

Posted by ZemirosShabbos - 25 Jul 2014 18:33

Good Stuff!

KUTGW

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