

A Journey Without a Name

Posted by unanumun - 01 Apr 2014 07:34

here goes. after spending all day on the site, i downloaded k9 filter for my laptop. (my office has a filter and my phone has the browser blocked and my wife has the code)

i now signed up for the 90 days. I hope it is not to soon, but I think i can do it. i think that all the support everyone gets and gives around here might be enough.

i have nothing to lose i guess (I really want this to work) and I am feeling very optimistic. and having all my new friends know what is going on with me will probably be great for me.

Does anybody think I am making a mistake and going to fast?

Can there be a downside?

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Re: A Journey Without a Name

Posted by sleepy - 21 Nov 2019 18:01

who said shucks?

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Re: A Journey Without a Name

Posted by sleepy - 21 Nov 2019 18:11

[cordnoy wrote on 18 Nov 2019 16:38:](#)

[DiamondWithAFlaw wrote on 18 Nov 2019 16:01:](#)

Dear Una,

I just want to say that I'm so so sorry. I cannot fathom how you must feel. I have the utmost respect for you.

I primarily spend my time in the BB section because my marriage is what brought me to GYE. I recently came across your thread there and loved everything you wrote. That brought me to your thread here and the day after I finished this thread I saw your last post. My jaw dropped. I said to myself - holy.... this YH is such a BEAST! (of course I knew that already having been fighting the fight for so many years, but your post brought it to a new level for me)

My first 100+ days have been fairly easy and my marriage is so much better than it ever was, but now I'm shaking.

I recently read a post from Dov where I THINK he said that the 12 steps is the ONLY way to fight addiction. I know people say (and probably will say in response to this) that there are other ways, but maybe they're wrong?

If I recall correctly, I don't think you were into the 12 steps too much. Just wondering what your thoughts are today.

I really hope you're doing OK and my heart and prayers go out to you. You have been an inspiration.

Godspeed to you, Una and all,

Dov never said that, nor does he think that.

I had a fall as well.

There is a strong y"n, and there is a strong pull towards these things. ***To some it's a bad habit, to others it's an escape mechanism (also can be habitual), and to others, it may very well be a full scale addiction. Some people need simple distraction tools. Others need a heavy dose of mussar. Some need meetings, books and steps. Others use mindfulness. There is a fear tactic that can also help. Prayer works. Smart recovery is gainin' traction. I have found that the number one most integral step which is needed for almost all people is to open up to someone else in a real manner.***

Godspeed to all!

the only difference between all the groups is: whos going to burn if they dont stop and who, because its a full scale sickness wont get punished .

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Re: A Journey Without a Name
Posted by sleepy - 21 Nov 2019 19:01

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mr .cordnoy someone asked me to ask you , just because you fell is that a proof that the 12 steps ***is not*** the only way?

im not saying it is the only way im not saying not, im not discussing what i personally feel about 12 steps as far as my situation is concerned , we just didnt follow your line of reasoning .(as we understood that you meant to say ,could be we didnt get it)could be there is something called ***the only way*** but people fall because ***they*** are not working it but not because ***it*** doesnt work., whether its this way or that way.

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Re: A Journey Without a Name
Posted by Tzvi5 - 22 Nov 2019 02:06

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Gehinom is cleansing for the neshama.

lichuurah one would be soiled regardless of whether he's ""sick"" or not.

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You can have him email me: thenewme613@hotmail.com

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Re: A Journey Without a Name
Posted by sleepy - 22 Nov 2019 20:16

if its so private maybe forget it,

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Re: A Journey Without a Name
Posted by sleepy - 24 Nov 2019 16:08

mr.cordnoy,if he emails you, can he show your response to others?

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Re: A Journey Without a Name
Posted by sleepy - 24 Nov 2019 16:30

true, but i think the cleansing process is a liiiiiittle bit different

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Re: A Journey Without a Name
Posted by cordnoy - 24 Nov 2019 16:38

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With pleasure.

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