Side effects Posted by mr.clean - 11 Feb 2014 10:13

Ok guys thank god for the anonymity of this site otherwise I wouldn't be able to post this, id be too embarrassed. here's the question

Many times after one does a harmful behavior there are side effects, and the same holds true for porn, duh. I have read that too much porn causes unwanted attractions bec The brain needs to get more of a rush and its bored of "regular stuff", but sometimes I feel like after I mess up I have almost no attraction and this can last sometimes for days and I'm scared that in the future I will only be attracted if there is a lustful scenario that I fantasize about involved, otherwise I won't be attracted it'll be just to boring...

Anyone know/experience what I'm talking about ? am I being clear I don't know if I'm explaining myself right

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Re: Side effects Posted by Sparky - 12 Feb 2014 13:39

I think I have read stuff I this topic.

There is a well known Ramban that homosexuality comes from over indulging in normal sexual desires. That leads to cause things that have no real attraction to be attractive.

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