### **GYE - Guard Your Eyes**

Generated: 24 August, 2025, 03:08

chasdei hashem Posted by kilochalu - 22 Nov 2013 06:33

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I don't know where to start from, the whole story would fill up a book at least, and it is terribly hard for me even to write one line but I know that if I don't do this I will never forgive myself the next time I fall and that will inevitably occur sooner or later if I just sit back complacently and think that this time was for sure the last as I've done several dozen times in the past. The past few months I've been around gye reading some of the material and getting alot of chizuk from the forums but after a fall on rosh chodesh elul and another some time at the end of tishrei I realize that this alone will not do the trick. My story in a nutshell is over 20 years of masturbating starting with books that my mother took out from the library, going on to yeshiva involving another bochur, then onto getting a hold of books and magazines, spending hours at internet cafes in EY, and finally after speaking to a Rebbi who sent me to therapy and sa meetings which kept me clean for 2 and 1/2 years, still over the last several years renting a laptop here and there and falling again and again

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Re: chasdei hashem

Posted by kilochalu - 03 Dec 2013 04:34

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I cant manage to take the leap of joining a real live meeting here in EY but I really believe that that is what I need, I have spoken to a Rav and met with someone 1 on 1 but I'm scared of going to a group who knows who I'll meet, Dov told me how unfounded this fear is but I still need more chizuk to be able to take this step.

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Re: chasdei hashem

Posted by gibbor120 - 03 Dec 2013 22:04

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chizuk ch

Is that enough?

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# **GYE - Guard Your Eyes** Generated: 24 August, 2025, 03:08 ==== Re: chasdei hashem Posted by Pidaini - 04 Dec 2013 00:13 Did you ever entertain the thought of joining OINK? You can read all about it here!!! Re: chasdei hashem Posted by kilochalu - 04 Dec 2013 03:34 gibbor120 wrote: chizuk Is that enough? thanks but never enough ==== Re: chasdei hashem Posted by kilochalu - 04 Dec 2013 03:37

Pidaini wrote:

2/8

Did you ever entertain the thought of joining OINK?
You can read all about it here!!!
I've thought and thought and thought
I think that I have to stop thinking so much
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Re: chasdei hashem Posted by gibbor120 - 04 Dec 2013 20:38
kilochalu wrote:
Pidaini wrote:
Did you ever entertain the thought of joining OINK?
You can read all about it here!!!
I've thought and thought and thought
I think that I have to stop thinking so much
Amen! Stop thinking and just join!
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**GYE - Guard Your Eyes** Generated: 24 August, 2025, 03:08 Re: chasdei hashem Posted by cordnoy - 01 Jul 2015 17:16 kilochalu wrote: Pidaini wrote: Did you ever entertain the thought of joining OINK? You can read all about it here!!! I've thought and thought and thought I think that I have to stop thinking so much I think I agree. R' Kilo, please keep those emails comin'....thanks so much. I look up all the mareh mekomos. \_\_\_\_\_\_ ==== Re: chasdei hashem Posted by kilochalu - 02 Jul 2015 01:07

ribono shel olam! i can't handle this! i can't! i can't! i can't!

at least not by myself

4/8

i was 'clean' since a year and a half ago, around 500 days and just now i had a big nisayon (my computer is filtered with the best filters etc... but i found something that i had dowloaded years ago and subsequently erased, and erased from the recycle bin etc... and to make a long story short it showed up somehow, the details are not important, now it is gone from there also) and i fell

oy vey, i can't handle this

also i will have to tell my wife, i had made up with her that i will be 100% honest with her about this, i don't know what's going to be

i was thinking about posting and the weirdest thing happened, i did not even remember where my post was and all of a sudden here it is

(if the oilam did not know yet, at least now we know that reb cordney has ruach hakodesh, is he a chacham gibor and ashir, or like the chasam sofer and others say the ikar is really just taluy on anav)

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Re: chasdei hashem

Posted by cordnoy - 02 Jul 2015 02:24

## kilochalu wrote:

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at least not by myself

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Oish

It should be bhatzlachah

Ruach hakodesh is given to minors and those who are insane. I fit the latter category.

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Re: chasdei hashem

Posted by serenity - 02 Jul 2015 03:26

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Welcome back! 500 days clean it quite a long time. Do u feel you have grown as a person in that time? Has being clean helped u to grow?

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Re: chasdei hashem

Posted by Pidaini - 02 Jul 2015 04:14

Hey kilo,

Sorry to hear about your fall.

You still have my number, and OINK still has potential, we just need some commitment that has
been missing, but I think the guys are getting it back (being that now two of our longest sober
members have fallen in the last month). TZ is coming to EY soon as well!!

f there are any other Jerusalemites reading this, please do contact me either through PM or at <a href="mailto:Pidaini@gmail.com">Pidaini@gmail.com</a> , it would really be great to get this going again.
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Re: chasdei hashem Posted by dd - 02 Jul 2015 11:06
Hi Kilo.
'm so sorry to hear about your fall. But from the little bit that i know you you should be able to earn from this one and remember that those 500 days are yours for ever!!!
You have reached such great level don't let the bad feeling after a fall get to you. Please for your sake!!!
KOMT!!!!
P.s. MAZEL TOV ON 500 DAYS!!!!!!
Re: chasdei hashem Posted by kilochalu - 03 Jul 2015 00:06

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cord	lno۱	/ wr	ote:

Ruach hakodesh is given to minors and those who are insane. I fit the latter category.
even more anava!
will get you to even bigger ruach hakodesh! shetalchu machayil el chayil!
====
Re: chasdei hashem Posted by kilochalu - 03 Jul 2015 00:08
serenity wrote:
Welcome back! 500 days clean it quite a long time. Do u feel you have grown as a person in that time? Has being clean helped u to grow?
definitely
definitely
but could be i was feeling that way, more than what was actually true.
I was definitely feeling that this would not happen to me.
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