

Introduce myself

Posted by mcpropboy - 30 Jul 2013 22:41

hi im the first time here, I found some good friends in the chat room and told me to open a new forum so here I am writing about my self something I would never do!!

I am 19 my parents got divorced when I was 5 so I had a pretty hard life since then, at 13 I got stuck to the internet and went around the corner and Im back now but still struggling with p... tried to stop the last 2 years I have stayed clean for 142 days and fell and haven't got back clean since then so.....

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Re: Introduce myself

Posted by cordnoy - 01 Aug 2013 20:32

don't stay clean for as long as you can

(that's the "holding breath" syndrome)

stay clean for the moment

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Re: Introduce myself

Posted by tryingtoshteig - 01 Aug 2013 20:37

[cordnoy wrote:](#)

don't stay clean for as long as you can

(that's the "holding breath" syndrome)

stay clean for the moment

Ditto

[See here.](#)

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