

Introduce myself

Posted by mcpropboy - 30 Jul 2013 22:41

hi im the first time here, I found some good friends in the chat room and told me to open a new forum so here I am writing about my self something I would never do!!

I am 19 my parents got divorced when I was 5 so I had a pretty hard life since then, at 13 I got stuck to the internet and went around the corner and Im back now but still struggling with p... tried to stop the last 2 years I have stayed clean for 142 days and fell and haven't got back clean since then so.....

=====

=====

Re: Introduce myself

Posted by cordnoy - 30 Jul 2013 22:45

wow!

142 days!

how did you do that?

what tools did you use?

can you share?

Can you do it again?

thanks so much for posting (and for chatting)

bhatzlachah

=====

=====

Re: Introduce myself

Posted by tryingtoshteig - 30 Jul 2013 22:48

Welcome Mcpropboy,

It's great to have you here.

I agree with cordnoy. 142 days is very impressive! What can you do to make it happen again?

Keep on Posting and Keep on Truckin'!

=====

=====

Re: Introduce myself

Posted by mcpropboy - 30 Jul 2013 22:51

It was just an under taking and it worked out

I just stared again and hope to stay clean longer!

=====

=====

Re: Introduce myself

Posted by tryingtoshteig - 30 Jul 2013 22:55

Nice avatar!

Very deep.

=====

=====

Re: Introduce myself

Posted by ZemirosShabbos - 30 Jul 2013 23:04

welcome mcpropboy!

love your avatar

keep up your good work

=====

=====

Re: Introduce myself

Posted by tryingtoshteig - 30 Jul 2013 23:05

[mcpropboy wrote:](#)

It was just an under taking and it worked out

Going clean for 142 days is not usually an accident that it just "happened to work out that way." Was there something that you actively did to get yourself to get yourself to overcome your Yeitzer Hara for 142 days? Don't forget, your victories that you had during those 142 days are not lost. They are yours forever!

[mcpropboy wrote:](#)

I just stared again and hope to stay clean longer!

The answer to my above question might be helpful for this endeavor, so that it is not just "hope" that gets you to day 143.

In the meantime, before you worry about keeping days 142 and 143 clean, start with keeping TODAY clean!

You are on the right track chabibi!

=====

=====

Re: Introduce myself

Posted by mcpropboy - 30 Jul 2013 23:36

thanks for the advice

like some one told me in one of the chats take moment by moment

=====

=====

Re: Introduce myself

Posted by mcpropboy - 30 Jul 2013 23:40

and about the avatar I all ways have that in mind and wanted to share it with everyone so I posted it to my profile

I hope everyone can take something out of it!!

=====

=====

Re: Introduce myself

Posted by inastruggle - 31 Jul 2013 05:18

Welcome mcpropboy,

If I may add a bit more meaning to your clearly mystical avatar (sry i'm in a kabbalah mood).

A successful person knows that failure is the road to success not because it's unavoidable but because without the failure one simply cannot become a successful person.(Don't want to get to nitty gritty, but a person can become successful without being a successful person).

You say you had a hard life, The same applies, a person simply cannot become as special as he is meant to be without his share of unique hardships.

)

Anyway, welcome to gye and enjoy the ride,

Hatzlacha!

=====

=====
(this was something I've had in mind recently and wanted to share it with everyone

Re: Introduce myself

Posted by Pidaini - 31 Jul 2013 11:19

[inastruggle wrote:](#)

)

Have you forgotten about this? [The chronicles of inastruggle](#)

=====

=====

Re: Introduce myself

Posted by ZemirosShabbos - 31 Jul 2013 18:59

[Pidaini wrote:](#)

[inastruggle wrote:](#)

)

(this was something I've had in mind recently and wanted to share it with everyone

Have you forgotten about this? [The chronicles of inastruggle](#)

The Uzbek's have overrun that thread recently (or was it ooblek?)

=====

=====

Re: Introduce myself

Posted by mcpropboy - 31 Jul 2013 20:33

thanks everyone for the chizuk its realy help full:)

=====

=====

Re: Introduce myself

Posted by gibbor120 - 31 Jul 2013 21:40

WELCOME mcpropboy! Nice to have you with us. I had a similar streak when I was a bachur. I was in Yeshiva, no triggers around, I was learning pretty well. BUT, it came to an end and I was miserable. I had thought "this time is for real".

Keep posting, giving and getting chizzuk. Just trying harder for a "longer" streak didn't work for me. I had to open up to real people and share. Let go of my pride.

Have you read the handbook? It has tools in progressive order so you can try and see what works for you. We need to try smarter, not necessarily harder.

It is quite a bracha to work on this at an early age. The longer a person waits to address it, the harder it is to deal with, and marriage does NOT cure it.

You are in the right place, and heading in the right direction.

Hatzlacha Rabbah!

=====
=====

Re: Introduce myself

Posted by inastruggle - 01 Aug 2013 09:07

[Pidaini wrote:](#)

Have you forgotten about this? [The chronicles of inastruggle](#)

Posted lekavod you.

So, Mcpropboy, What's your plan to help yourself? Do you think that all you'll need is an undertaking and taking it moment by moment, or do you think that you might fall eventually even with them?

Either way keep us updated and Hatzkacha

=====
=====