

Greetings Chevra

Posted by toraschaim - 29 Jul 2013 07:07

My story:

I am currently in my twenties, and became ba'al teshuva during two years of post-high school yeshiva study in Israel. I got heavily into p*** during high school, before I was frum, and acted out multiple times on a daily basis. I struggled with it during my first year in Israel, and eventually went 'cold turkey.' That lasted for several years. Recently, I have been struggling more, and find that I fall every couple of weeks, instead of every couple of months.

I am married with kids. My wife knows that I struggle, and is supportive.

I have been getting the GYE daily chizuk e-mails for over a year, but I recently realized that standing on the sidelines as a passive observer is insufficient. The temptation is just too strong, and recently, I have too much momentum in the wrong direction. For me at least, freeing myself from unhealthy, harmful, and self-destructive behavior requires that I become a more active, engaged member of the GYE community.

To be honest, I realized a while ago that I needed a 'chevra,' and that going at it alone was bound to fail. But I always had an excuse for not getting more involved, or for not posting on the forum, etc. So this introduction is me trying to ditch the excuses, and join the GYE community in earnest.

Even from the sidelines, just reading the daily chizuk e-mails, I am consistently inspired by the support and encouragement that GYE members offer each other. I hope to return the favor in whatever way I can, and partake of the support and encouragement as well.

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