

I'm Azarye, and I'm a sexoholic

Posted by Azarye - 15 Jul 2013 05:20

Hello there.

I'm Azarya. I can't quit masturbation and it goes like a snowball: first in was once in a while, then once a week, and now two to three time a week in average. It's my way to get rid of reality. When I'm trying to not masturbate I'm thinking about how it would be great to take some drug (I don't do drugs) to set myself out.

I've been trying to fight my obsession, but with no significant results.

Ok, here I am, and it's good that you are there guys.

Hazak, hazak ve-nithazek. I hope.

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Re: I'm Azarye, and I'm a sexoholic

Posted by cordnoy - 15 Jul 2013 06:38

Welcome azarya and you are in the right place

Its good that you found this site and have a ratzon to stop

For how long has this been going on?

Are you married?

Have you told anyone?

What have you done to try stopping?

Are you committed to stop?

Bottom line

Welcome to the club, where we are all trying to improve

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Re: I'm Azarye, and I'm a sexoholic
Posted by inastruggle - 15 Jul 2013 07:00

Welcome to gye.

You're not alone.

Like cordnoy said, tell us a little more about yourself.

We're here to help.

You can help yourself as many people have. Don't worry.

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Re: I'm Azarye, and I'm a sexoholic
Posted by moish u.k. - 15 Jul 2013 16:09

Welcome, Azarye.

Thanks for sharing.

Moish

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Re: I'm Azarye, and I'm a sexoholic
Posted by Pidaini - 15 Jul 2013 16:13

Welcome aboard!!!

Awesome name "Azar-Kah"!!!

Post some more!

Hatzlacha Rabbah!!!

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Re: I'm Azarye, and I'm a sexoholic
Posted by gibbor120 - 15 Jul 2013 21:33

Welcome azarye! Nice to have you aboard. We are all in the same boat. Have you read the handbook? What tools have you tried? See what works for you. Post here and get (and give) chizzuk! We all know what it's like. Many people have suffered and are now living sober. you can too!

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Re: I'm Azarye, and I'm a sexoholic
Posted by cordnoy - 23 Oct 2014 22:41

[Azarye wrote:](#)

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we hope so too.

b'hatzlachah

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Re: I'm Azarye, and I'm a sexoholic
Posted by Shlomo24 - 23 Oct 2014 22:49

keep on posting bro. we are here for you.

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Re: I'm Azarye, and I'm a sexoholic

Posted by JoeTheJew - 24 Oct 2014 00:52

Like they said above, what steps have you taken to stop. I always berated myself and promised Hashem I'd stop etc. etc. but always came back to it within a day or two. The only time I actually showed any results was when I came to GYE, deleted ALL of my porn, deleted the secret email accounts I used to swap porn and meet other women, deleted the extra private browsers on my phone for browsing porn and installed webchaver with my Rav as my chaver. Throw in some heartfelt tefillahs to Hashem as well and voila!

Seriously though, those are just the first few steps to getting and staying clean, but they've worked for me and I've been clean for three weeks, which is the longest I've ever been since I was about 12 (almost thirty years ago).

We're all in this together, make some serious changes and you'll be giving chizuk to others soon enough!

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