need chizuk to start 90 days Posted by Yoseph S - 09 May 2013 22:11

## I need chizuk

i'm a chusheva yungerman (?) struggling in kdusha when ever i started to take control i failed, i looking on my self like there is 2 different people, 1 is a erlicha yid & the 2'nd is a... do you think i'm capable to pass 90 days "b'kdushah"

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Re: need chizuk to start 90 days Posted by ???? ????? - 13 May 2013 21:33

: what kind of gayvah is this? who cares if you're choshuv or not? just do the right thing.

lets do the musar together,

we will davn shavuos ??? ????????????? is this gayvah?

this is just realizing the gift hasham gave us called nashomah !! so now we can do the right

so what is gayvah? let see what's the conception of the pala yoetz

we dont know the definition of gayvah but, at we look on the consequence we can find anger, resentment, etc. so we can identify what's gayvah, mussar voice

so we can find that real gayvah is self-centered, selfishness, ego, shows up in anger,

so together we will get rid from all that stuff

## ??? ?? ???? ????? ?????? ???? ???!!!!

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Re: need chizuk to start 90 days Posted by mr. emunah - 14 May 2013 00:45

inastruggle wrote:

Pidaini wrote:

Good Start!!! Hatzlacha Merubah!! and keep us posted!!

## mr. emunah wrote:

sometimes I deam I'm alredy two or three gilgulim into the future...

why not just take care of it all in this gilgul?

if you can take care of the rest you might as well,

two gilgulim with one tikkun as they say.

am i choshuv too? please say yes. please, please, please

: what kind of gayvah is this? who cares if you're choshuv or not? just do the right thing.

: that is so not what i meant...

yes inna you too are chushev.

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Re: need chizuk to start 90 days Posted by mr. emunah - 14 May 2013 01:05

And our souls met once, it was 3 rounds ago for me, and 2 for you,

My name was Rachamim, and I was a big Sefardi Talmid chacham, and you where Velvel, the ashkenazi shopkeeper, and we secretly learned he secrets of kabala together in Casablanca.

Re: need chizuk to start 90 days Posted by inastruggle - 15 May 2013 01:46

## yungerman83 wrote:

As a fellow yungerman like yourself, I have actually found that cutting down on my learning time outside of seder (especially Friday afternoons when I used to learn till 5,6 o'clock) and involving myself in recreational activities such as long bike rides has proven to subdue my taavah for lust and instead increase my feelings of fulfillment and happiness in different ways. This battle is far more important to me than my hasmadah at this point and Hashem knows good and well that all my time used on recreational activities is 100% leshem shamayim. Sometimes bitulah zu he

kiyumah.

biking + mp3 + kolhaloshon.com = taynig haguf n'haneshama

no need for bitulah zu he kiyuma, let's leave that for the necessary bein hazmanim afternoon

<u>???? ????? wrote</u>:

??? ?? ???? ????? ?????? ???? ???!!!

naps

i'm maskim to what you said and thanks for reminding me of avrom fried's song,

CHAZAK CHAZAK V'NISCHAZEK CHAZAK, CHAZAK!

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Re: need chizuk to start 90 days Posted by inastruggle - 15 May 2013 01:50

mr. emunah wrote:

And our souls met once, it was 3 rounds ago for me, and 2 for you,

My name was Rachamim, and I was a big Sefardi Talmid chacham, and you where Velvel, the ashkenazi shopkeeper, and we secretly learned he secrets of kabala together in Casablanca.

remember those times?

ah i can still feel the geshmak.

how about that time at the circus as an emu and lion...

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Re: need chizuk to start 90 days Posted by mr. emunah - 17 May 2013 20:04

and we defeated the evil kishuv macher...

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Re: need chizuk to start 90 days Posted by inastruggle - 18 May 2013 00:03

and remember when... continued in the just having fun section