

Trouble on the Wall of Honor

Posted by Pinchas - 05 Apr 2013 18:33

I am 22 years old. I recently got married about four months ago. Before I got married, about 5 days to be more precise, I started the 12 steps. I did my personal inventory and I read it to a friend of mine. After that experience I have a little to no trouble with the addiction. I realize that I am still an addict and I know that being married does not make it go away. I know Hashem is the only one who can take away this disease and whenever I am having trouble I turn to myself for a moment and pray that He takes away my problems. However, while going through the 12 steps I stumbled on step 8 Made a list of all persons we had harmed, and became willing to make amends to them all. I did not know what to do with this one. I am young so I, baruch Hashem, have not had time to do too much. However, I do know that I have cheated on tests that have gotten me scholarships, and I know that I have a very poor relationship with my parents (but I think that is more because they are verbally/emotionally abusive). Either way, at this step I have not been able to move. I was wondering if you could offer me some suggestions about how best to handle this part please.

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