

good moed

Posted by Tosfos - 31 Mar 2013 21:49

Shalom aleichem everyone... this is my first post here, and I have to keep it short because it is erev Yom Tov... I have now and have had a problem with lust really since I was a teenager... although, b"H, I have made strides in the right direction. However, relatively recently I have taken to doing a very specific way of acting out that doesn't usually involve actually *looking* at anything... just (mis-)using my mind in a specific way. I'm actually reluctant to say exactly what it is... not so much out of embarrassment (I've unfortunately done plenty to be embarrassed about already), but out of concern that others still struggling would "pick up on my idea". But the main thing is, I think I need to get some sort of accountability partner... somebody to talk with in order to get out of my own mind. Anyway, gotta go now... thankful beyond words for GYE and all of you. Have a great Yom Tov!

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Re: good moed

Posted by Dmaot - 03 Apr 2013 13:53

Shalom bro, you're at the right place! Welcome and feel free to ask, share and participate in everything here. I would suggest you start with the Newcomers package, there you'll find everything you need to get you boosted and pumped up to make your first steps on your journey. Hopefully, beezrat Hashem, you'll see that you have what it takes (you already have everything, you just need to discover it) and you'll have a great time. And remember that you have the Most High on your side! So don't give up, trust Him, for He is stronger than your addiction. Hatzlacha bro!

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Re: good moed

Posted by Tosfos - 03 Apr 2013 19:16

Thank you so much for the chizuk and the advice! Wishing you bracha and hatzlacha.

- Tosfos

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Re: good moed

Posted by ???? ???? - 29 Apr 2013 21:40

hi! Thanks for stopping by! I'm sure you will get a lot of chizuk from this wonderful place

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