

Introduce

Posted by Jew in struggle - 29 Mar 2013 17:56

I was told to introduce my self

I go into it the same way most people do the "classic" way

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Re: Introduce

Posted by Pidaini - 29 Mar 2013 20:34

Firstly, a guten moed!

Second welcome!!

Thirdly, hope you find what you are looking for here, if you let us know more specifics, the oilam will be able to help you more, how long have you been a jew in struggle, what made you sign up, what is your specific issue, (m*****, p***, ssa)?

Have a great shabbos!!

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Re: Introduce

Posted by alexeliezer - 30 Mar 2013 01:38

Hi!

Nice to meet you!

What's up?

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Re: Introduce

Posted by Jew in struggle - 31 Mar 2013 00:17

Well if a smart guy looks at the time I wrote this it looks like Shaboss but its not bc I'm in a different country tha that has a different time second of all: what is m***** ? Ssa?

And I'm scared to give away to much info

I'm probably much younger than most of the guys here and Bc of that I don't have anything interesting to tell

I got into p**** less than a year ago and on ful swing I understood that when I tried stopping myself from going on the Internet

And I can't concentrate on anything bc of it

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Re: Introduce

Posted by Jew in struggle - 31 Mar 2013 00:41

Any tips?

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Re: Introduce

Posted by Pidaini - 31 Mar 2013 01:44

first of all start by reading the GYE handbook, it is very handy indeed. it will give you a feeling of where you are holding and the tools to use.

[Jewinstruggle wrote:](#)

And I'm scared to give away to much info

if you stick around here enough you will learn that the greatest way of the YH keeping us in this is by keeping it to ourselves, if we would only open up to someone safe, it would all be much easier.

[Jewinstruggle wrote:](#)

I'm probably much younger than most of the guys here
are you under 16? i think that is the youngest fellow i've seen around here.

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Re: Introduce
Posted by Jew in struggle - 31 Mar 2013 11:58

I'm about on level five

And I am under 16 actually I am not aloud to be here but I feel it applies to me

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Re: Introduce
Posted by hopefull - 31 Mar 2013 19:42

im 16 and there are guys younger than me with this problem. I know 11 year old kids with this issue

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Re: Introduce
Posted by Jew in struggle - 04 Apr 2013 22:09

I'm not that young but I imagine

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Re: Introduce

Posted by alexeliezer - 05 Apr 2013 00:59

To answer your questions,

SSA is Same Sex Attraction.

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Re: Introduce

Posted by Jew in struggle - 25 Apr 2013 21:41

Masturbation is sex with one's self (typically one's hand) -- don't try it, it's highly addictive
Is it good for me to be on this website bc on the one hand I get a lot of useful tips

On the other I read hear stuff from people who are married and it gives me kits more th think
about

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Re: Introduce

Posted by AlexEliezer - 25 Apr 2013 23:52

Sorry. We do try to keep things toned down here on the general forum. There is actually a
separate section for marital topics.

But if you start reading something and you find it provocative, stop and move on to a different
topic and surrender the thought immediately to Hashem. I have read stuff on the general forum
from time to time that I wish I haven't. But overall, for me, the good outweighs the bad.

How are things going?

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Re: Introduce

Posted by Jew in struggle - 26 Apr 2013 14:33

I'm so stuck with m***** and I coul never get a few days clean

What should I do?

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Re: Introduce

Posted by Pidaini - 26 Apr 2013 17:28

There are a few things,

1) figure out what you're triggers are, most on this forum are loneliness, stress, and boredom.
and then figure out ways how to stay away from them

2) talk to a real person, who you trust, about your problem, being open and honest with
ourselves goes a very very far way in this fight.

3) Remember that we are here to be clean TODAY, one day a a time, as Dov says " there is no
better day to be clean than today"

and whatever happens, don't forget you're not alone, we're all in this together! and KOT!!!

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Re: Introduce

Posted by AlexEliezer - 26 Apr 2013 18:07

Masturbation doesn't happen in a vacuum. What's going on the other 23-3/4 hours of the day?

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