

introduction

Posted by hopefull - 19 Mar 2013 18:49

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hi im new here im17 and addicted to porn i want to break free HOW.....

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Re: introduction

Posted by gibbor120 - 04 Apr 2013 20:40

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Nice mashal MT!

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Re: introduction

Posted by Shlomo - 04 Apr 2013 22:54

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If he's a Mashgiach for 17/18 year olds, he's not going to be blind to this problem.

Dear Zvi, for some reason some mashgichim seem to BE blind to this problem. Any suggestions, what to do? I've tried to speak with him already, he promised (to address this topic) but didn't do anything about it.

I told my father and my wife

WOW! What did your father say, if I may ask? And the wife???

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Re: introduction

Posted by zvi - 04 Apr 2013 23:01

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[Shlomo wrote:](#)

If he's a Mashgiach for 17/18 year olds, he's not going to be blind to this problem.

Dear Zvi, for some reason some mashgichim seem to BE blind to this problem. Any suggestions, what to do? I've tried to speak with him already, he promised (to address this topic) but didn't do anything about it.

So if you feel your mashgiach won't help you here, try someone else- another rebbi in your yeshiva, your local rav- chances are, there's someone in your life who knows about these things.

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Re: introduction

Posted by the.guard - 18 Apr 2013 03:40

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Please read these 3 pages: [www.guardyoureyes.com/articles/tips-suggestions/item/the-taphsic-method-made-simple?category\\_id=18](http://www.guardyoureyes.com/articles/tips-suggestions/item/the-taphsic-method-made-simple?category_id=18)

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Re: introduction

Posted by Dov - 18 Apr 2013 16:50

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Seriously, I don't it is the *mashgiach's* (or anybody's) job to help you. Rather, it is your job to

help *yourself* by opening up to ***somebody***.

It is not the power of the eitzah of your mashgiach and what he will advise you to do that is of value here, 'hopefull'. It is the power of your opening up that will help you.

Hatzlocha, man. You are a beautiful Jew.

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Re: introduction

Posted by hopefull - 19 Apr 2013 22:24

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thank you for all you suport every one

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Re: introduction

Posted by hopefull - 19 Apr 2013 22:27

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my masgiach is in his 1st year should i still talk to him?

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Re: introduction

Posted by gibbor120 - 19 Apr 2013 23:25

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Do you trust him, and feel comfortable opening up to him?

If not, is there someone else who fits that criteria?

It could be someone on this forum, although a "real" person who you can talk to face to face is

certainly better.

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Re: introduction

Posted by hopefull - 19 Apr 2013 23:29

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no i dont feel comfterball talking to him

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Re: introduction

Posted by gibbor120 - 19 Apr 2013 23:30

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Then he is a bad choice.

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Re: introduction

Posted by gibbor120 - 19 Apr 2013 23:36

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[hopefull wrote:](#)

thank you so much i do have a rebbi who i can talk to im just very nervous

Sounds like you do have someone you can speak to, no? You just need to ignore your nerves. I remember how nervous I was the first time I posted here, when I called someone on the forum for the first time, etc. Nervousness is normal.

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Re: introduction

Posted by zvi - 21 Apr 2013 21:26

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Go for it hopefull! Take the plunge! I know it's not easy (personal experience) but once you've done it it'll change your life. And that's not an exaggeration...

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Re: introduction

Posted by Pidaini - 22 Apr 2013 23:04

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Go for it hopefull! Take the plunge! I know it's not easy (personal experience) but once you've done it it'll change your life. And that's not an exaggeration...

Yup! Go for it!!

I spilled the beans to a friend who i had a feeling had the same problem, he's about 5 or six years older than me and was married with kids at the time. we have since become BEST friends and help each other in awesome ways!!

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Re: introduction

Posted by reallygettingthere - 22 Apr 2013 23:19

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[Pidaini wrote:](#)

Go for it hopefull! Take the plunge! I know it's not easy (personal experience) but once you've done it it'll change your life. And that's not an exaggeration...

Yup! Go for it!!

I spilled the beans to a friend who i had a feeling had the same problem, he's about 5 or six years older than me and was married with kids at the time. we have since become BEST friends and help each other in awesome ways!!

Actually my friend had the courage to spill the bean to me first, before I told him about my problem. Opening up to him was one of the best decisions I've ever made.

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Re: introduction

Posted by hurting2heal - 23 Apr 2013 06:47

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I was a 11 years old too when this all started. It is amazing to see that I was not the only one that young to start. But, you are still young, and I believe if you be open to all of the help that is here in this forum, I pray that you won't have to go as long as I have. One of the greatest things I have learned in the small time I have been visiting this site, I know that I am not alone, and neither are you.

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