

The path to the Gaurden of Emunah
Posted by mr. emunah - 30 Oct 2012 20:46

Hi people, just been scooting around for a day or two on the forum and after 60 days clean had a nasty fall. Oh shucks!

KOT
KOT KOT KOT KOT KOT KOT KOT KOT KOT KOT KOT KOT KOT KOT KOT KOT KOT KOT

Thank you Hashem!

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Re: The path to the Gaurden of Emunah
Posted by tehillimzugger - 12 Mar 2013 23:06

[Dov wrote:](#)

R U related to bardichever of GYE's days of yore, Rebbe?

Omigosh mr.! the ultimate compliment!

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Re: The path to the Gaurden of Emunah
Posted by tehillimzugger - 12 Mar 2013 23:13

[mr. emunah wrote:](#)

OKay

i realized that I was using this as my little Hasidic P*** outlet cruising the streets of Willy and BP checking out them beautiful blurred faces of them heimishe

yiddenes,

I think Tehillim Zuger had a thread in this vein calle "not Unztnious" or something like that.

Emu

TZ is happy to share his thread with you

[Shemiras-Einayim--Non-non-tznius](#)

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Re: The path to the Gaurden of Emunah
Posted by mr. emunah - 13 Mar 2013 00:16

thank you

i tried to revive it now

i really need to sign off now!

almost BYE!

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Re: The path to the Gaurden of Emunah

Posted by mr. emunah - 14 Mar 2013 00:36

day 14

not superclean

I didn't renew my kabala last night (i took an evening nap, missed nightseder and arvit, davened at home and went to sleep, woke up late and came to work late.

the leafs lost 5-2

i decided to catch up on all the family guy, american dad, and simpson's episodes i missed...

I did

even though Hashem helped me that the stuff kept on crashing, i was obstinate and booted my computer

now I am all caught up

I feel empty

I also checked out the Heimish gossip sites

very disturbing

I think i would like to act out,

but I don't have koiach to reset my chart or go to the mik...

BH I haven't searched for real P***

I am getting stressed out by a work deadline which I am pushing off...

cheers

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Re: The path to the Gaurden of Emunah
Posted by ZemirosShabbos - 14 Mar 2013 00:56

could've been worse. chazak chazak venischazeik (you can have chocolate cake too)

azoi vee der rebbe zugt: keep on trucking no matter what

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Re: The path to the Gaurden of Emunah
Posted by Machshovo Tova - 14 Mar 2013 01:20

CHAZAK! CHAZAK! VENITCHAZEK!

Some (Chasam Sofer, Munkatch. etc.) have the minhag to say (3X) Chazak Chazak Chazak, which is gematria Moshe. So I was thinking why do we add 'venit' to the last chazak? Perhaps cuz its roshei tayvos of 'vechatosi negdi tamid', i.e. we must never forget our past craziness, which is good enough reason to keep strong lest we ch"v revert 'kakelev shov al keyo' (yuch!).

MT

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Re: The path to the Gaurden of Emunah
Posted by mr. emunah - 14 Mar 2013 02:29

WOAH! do you know my rabbi, MT?

when I spilled the beans to him

he came to me the next day and told me taht he is very brokenhearted about my matzav

he told me he want's me to say 1 kapittel of tehilim every day that it should be Vlchatasi Linegdi Tamid

bless you.

thing have gotten a bit better now...

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Re: The path to the Gaurden of Emunah
Posted by Machshovo Tova - 14 Mar 2013 17:48

... and don't forget - shivisi Hashem linegdi tamid & vetov leiv mishteh tamid.

MT

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Re: The path to the Gaurden of Emunah
Posted by tehillimzuger - 14 Mar 2013 20:54

[mr. emunah wrote:](#)

WOAH! do you know my rabbi, MT?

Zeidy!

I thought I was your Rabbi!

Well with regard to the chasam sopher-munkatch Chazak thing...

Zeidy! haomer davar b'shem omro....

but it's fine

let's not take this any further

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Re: The path to the Gaurden of Emunah
Posted by mr. emunah - 15 Mar 2013 19:00

i think today is day 16

i will sign off now

good shabbos

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Re: The path to the Gaurden of Emunah

Posted by Dov - 19 Mar 2013 22:03

Sweet, MT (and you personally know why I particularly like the Chazak x 3 thing) - but what dogs among us who are here and exactly know what and who they are? "Remember not to be that way"?

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Re: The path to the Gaurden of Emunah

Posted by mr. emunah - 19 Mar 2013 22:11

speaking of vomit

i just got hug from Hashem

anybody who knows me

do you say to the vomit-eating

knows that the last week or so has been difficult

a few minutes ago

i started some SERIOUS slipping

i shut it

i started gagging

I went to the Bathroom and threw up my whole lunch

(I'm not feeling well anyways)

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Re: The path to the Gaurden of Emunah
Posted by Machshovo Tova - 19 Mar 2013 22:20

(Dear Dov)

Well, lately I don't say much, because I realize that I cannot diagnose other people's problems and I certainly cannot offer them guaranteed advice (I leave that for those who are - or feel - more qualified). But I do want to mention that B"H I'm doing OK by employing the chazak chazak approach. This means avoiding triggers of all sorts and instead, living a real/normal life. And after a while, one looks back and realizes that normal life is so much better than the old cesspool, and it would be the most foolish thing to entertain the possibility of sipping/slipping back into that abyss.

Hatzlacha to each according to their needs (or shoresh neshamah).

MT

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Re: The path to the Gaurden of Emunah
Posted by tehillimzugger - 19 Mar 2013 22:25

[mr. emunah wrote:](#)

speaking of vomit

I went to the Bathroom and threw up my whole lunch

There is a well known story about a talmid of Reb Baruch'l Mezhbizher, Reb Hershel of Horker. He was once nichshal with riyos asuros and was so disgusted that he threw up, on Shabbos, and the Rebbe Reb Baruch had said about him that his Shabbos cools the gehinnom or something like that and still he threw up. Ask Zemmy for exact details- I think he once sent me the story.

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