OKay

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The path to the Gaurden of Emunah Posted by mr. emunah - 30 Oct 2012 20:46 Hi people, just been scooting around for a day or two on the forum and after 60 days clean had a nasty fall. Oh shucks! Thank you Hashem! Re: The path to the Gaurden of Emunah Posted by tehillimzugger - 12 Mar 2013 23:06 Dov wrote: R U related to bardichever of GYE's days of yore, Rebbe? Omigosh mr.! the ultimate compliment! Re: The path to the Gaurden of Emunah Posted by tehillimzugger - 12 Mar 2013 23:13 mr. emunah wrote:

1/9

i realized that I was using this as my little Hasidic P*** outlet cruising the streets of Willy and BP checking out them beautiful blurred faces of them heimishe
yiddenes,
I think Tehillim Zugger had a thread in this vein calle "not Unztnious" or something like that.
Emu
TZ is happy to share his thread with you
Shemiras-EinayimNon-non-tznius
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Re: The path to the Gaurden of Emunah Posted by mr. emunah - 13 Mar 2013 00:16
thank you
i tried to revive it now
i really need to sign off now!
almost BYE!
Re: The path to the Gaurden of Emunah

GYE - Guard Your Eyes

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Posted by mr. emunah - 14 Mar 2013 00:36 day 14 not superclean I didn't renew my kabala last night (i took an evening nap, missed nightseder and arvit, davened at home and went to sleep, woke up late and came to work late. the leafs lost 5-2 i decided to catch up on all the family guy, american dad, and simpson's episodes i missed... I did even though Hashem helped me that the stuff kept on crashing, i was obstinate and booted my computer now I am all caught up I feel empty I also checked out the Heimish gossip sites

Re: The path to the Gaurden of Emunah Posted by Machshovo Tova - 14 Mar 2013 01:20

CHAZAK! CHAZAK! VENITCHAZEK!

Some (Chasam Sofer, Munkatch. etc.) have the minhag to say (3X) Chazak Chazak Chazak, which is gematria Moshe. So I was thinking why do we add 'venit' to the last chazak? Perhaps cuz its roshei tayvos of 'vechatosi negdi tamid', i.e. we must never forget our past craziness, which is good enough reason to keep strong lest we ch"v revert 'kakelev shov al keyo' (yuch!).
MT
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Re: The path to the Gaurden of Emunah Posted by mr. emunah - 14 Mar 2013 02:29
WOAH! do you know my rabbi, MT?
when I spilled the beans to him
he came to me the next day and told me taht he is very brokenhearted about my matzav
he told me he want's me to say 1 kapittel of tehilim every day that it should be VIchatasi Linegd Tamid
bless you.
thing have gotten a bit better now

Re: The path to the Gaurden of Emunah Posted by Machshovo Tova - 14 Mar 2013 17:48
and don't forget - shivisi Hashem linegdi tamid & vetov leiv mishteh tamid.
MT
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Re: The path to the Gaurden of Emunah Posted by tehillimzugger - 14 Mar 2013 20:54
mr. emunah wrote:
WOAH! do you know my rabbi, MT?
Zeidy!
I thought I was your Rabbi!
Well with regard to the chasam sopher-munkatch Chazak thing
Zeidy! haomer davar b'shem omro
but it's fine
let's not take this any further
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Re: The path to the Gaurden of Emunah Posted by mr. emunah - 15 Mar 2013 19:00

knows that the last week or so has been difficult

(Dear Dov)

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a few minutes ago
i started some SERIOUS slipping
i shut it
i started gagging
I went to the Bathroom and threw up my whole lunch
(I'm not feeling well anways)
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Re: The path to the Gaurden of Emunah Posted by Machshovo Tova - 19 Mar 2013 22:20

Well, lately I don't say much, bacause I realize that I cannot diagnose other people's problems and I certainly cannot offer them guaranteed advice (I leave that for those who are - or feel - more qualified). But I do want to mention that B"H I'm doing OK by employing the chazak chazak approach. This means avoiding triggers of all sorts and instead, living a real/normal life. And after a while, one looks back and realizes that normal life is so much better than the old cesspool, and it would be the most foolish thing to entertain the possibility of sipping/slipping back into that abyss.

Hatzlacha to each according to their needs (or shoresh neshamah).

MT
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Re: The path to the Gaurden of Emunah Posted by tehillimzugger - 19 Mar 2013 22:25
mr. emunah wrote:
speaking of vomit
I went to the Bathroom and threw up my whole lunch
There is a well known story about a talmid of Reb Baruch'l Mezhibizher, Reb Hershel of Horker. He was once nichshal with riyos asuros and was so disgusted that he threw up, on Shabbos, and the Rebbe Reb Baruch had said about him that his Shabbos cools the gehinnom or something like that and still he threw up. Ask Zemmy for exact details- I think he once sent me the story.
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