I need help badly(14 yr old orthodox guy)
Posted by titanlooks - 17 Jun 2012 08:34

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Sup everyone? So im finally here and i need help. Since i was 12 ive had a (ill be blunt) masturbation problem. I need help. The longest I can stand is 3 days, but on that 3rd day something snaps and I go CRAZY. Cant explain it.. Any suggestions?

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Re: I need help badly(14 yr old orthodox guy)
Posted by cordnoy - 08 Dec 2015 18:02

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Bigmoish wrote**:**

Dov wrote**:**

I never said anything about "the 12 steps" in the above comment, and I never have said that the derech Hashem has given me (SA and the 12 steps) is the only way that actually can *work* for anyone. Actually, I believe that *cannot* be true. Harbei shluchim laMakom. There must be many ways to 'make it' - for all people, not just for Yidden, but for goyim, too.

But let suggestions be based on actual personal *experience* borne of *failure* - with details about what the failure was - rather than descriptions of success, alone.

Vorts and advice are usually based on inspiring people. But *inspiration* was always what we tried in the past - and we failed. Trying yet more, or *better* inspiration is just "doing the same thing over and over, yet expecting a different result." Some call that 'insanity', you know.

In contrast, *recovery* is based on *failure*. Learning from failure and redemption of other people who failed as we did - yet discovered a way out when ***all*** hopes were lost. Hashem meimis umechayeh, morid sh'ol vayo'al.

This post is pure gold. Required reading. Though its authorship is suspect, due to its brevity...

Before i deleted most of the post (two ago), I wrote: besides for two or three posts.

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