

hello world

Posted by amordechai - 18 May 2012 19:51

Hello,

I am new to GYE, and I wanted to introduce myself. I have struggled with thoughts related to acting out various sexual fetishes for 16 years and with masturbation for about 9 years. I would like need to be free... for myself, because I can't afford to spend more time, money, energy – any more of my being – on things that give me no fulfilment : not physically, not emotionally, and certainly not spiritually. for the people around me, because when I act out and drain my energy, I am not present for them. Hashem is important to me, and halacha is very close to my heart... but I am very far the place I want to be in yiras shamayim, and I know that spiritual reasons alone have not been a strong enough impetus to overcome this addiction.

I have signed up on the 90 day chart, and I am 6 days clean currently. I intend to heal myself physically (by staying away for 90 days), and emotionally (by trying to be more aware of my emotions and journaling on a regular basis).

Spiritual healing might take a little longer. . . but b”h I am headed in the right direction.

--amordechai

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Re: hello world

Posted by Machshovo Tova - 22 May 2012 18:42

To Elyah and Mottel - and Dov if you're already awake.

I'm trying to digest this first name thing (not yet completely sinking in), and I have this follow up question (forgive me if too blunt, but I am struggling to understand the subtleties of 'fake' vs. 'real'): Does it also make a difference whether in the 'real' world you are also called exactly Elyah, Mottel and Dov, or it's real enough even if you're actually called Eliyahu, Mordche and Berel, or some other variation thereof?

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Re: hello world

Posted by obormottel - 22 May 2012 19:25

I guess "real" means "real", the name you identify with.

If I identify equally with Mr. Krugerman as well as Mottel, then it should be real enough.

In fact, if in highschool your nickname was Machshovo Tova and you still think of yourself in those terms, it may qualify for real, too.

Or am I wrong?

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Re: hello world

Posted by tehillimzugger - 23 May 2012 13:02

Hey! I already identify myself as TeeZee by now, is it good enough?

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Re: hello world

Posted by obormottel - 23 May 2012 15:05

Thomas Zundel?! Is it you?!

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Re: hello world

Posted by tehillimzugger - 23 May 2012 16:29

[obormottel wrote on 23 May 2012 15:05:](#)

Thomas Zundel?! Is it you?!

Still deciding between Tankhum and Tarphone, but the Z is definitely Zeeshe!

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Re: hello world

Posted by amordechai - 23 May 2012 16:49

Wow!! I would have never of thought the issue of first name carried such importance. I'm going to continue with status updates on the Wall of Honor as head through my 90 days.

kol tuv everybody!

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Re: hello world

Posted by Eye.nonymous - 23 May 2012 16:52

[obormottel wrote on 22 May 2012 19:25:](#)

I guess "real" means "real", the name you identify with.

I agree with that.

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Re: hello world

Posted by Eye.nonymous - 23 May 2012 16:53

[obormottel wrote on 22 May 2012 17:57:](#)

Elyah, as is his usual style, is succinct and lucid. I really enjoy his posts [here](#), and find them indispensable in my recovery.

Thanks. :-[

Actually, that last post about real names was rather long-winded for me. ;D

--Elyah

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Re: hello world

Posted by E-Tek - 24 May 2012 00:49

[obormottel wrote on 22 May 2012 15:52:](#)

...the Great One...

Please use his real name. It is more effective.

For the record, Meir isn't my only name, the other name is a dead giveaway. I am satisfied

because I also get called just Meir, and I therefore identify with it.

By the way, if anyone on this site knows me, I'm certain they just figured out who I am. I welcome real world contact with anyone who does- we can help each other.

Meir _____

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Re: hello world

Posted by Eye.nonymous - 24 May 2012 11:36

I went through this awkward phase when I was just starting to get more involved in real-life recovery, when in real-life I found it necessary to introduce myself as Eye.Nonymous!

--Elyah

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Re: hello world

Posted by ZemirosShabbos - 24 May 2012 16:39

[E-Tek wrote on 24 May 2012 00:49:](#)

if anyone on this site knows me, I'm certain they just figured out who I am. I welcome real world contact with anyone who does- we can help each other.

Meir _____

i think i may have stood next to you at President Obama's (first) inauguration? were you eating

corn chips during the poetry recital?

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Re: hello world

Posted by Blind Beggar - 24 May 2012 16:57

Zemmy, YOU WERE NOT PRESENT AT YENNER'S INAUGURATION! I was with you you-know-where and I carried you home because I was still fairly sober. You probably don't remember.

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Re: hello world

Posted by ZemirosShabbos - 24 May 2012 17:09

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Re: hello world

Posted by E-Tek - 24 May 2012 23:38

I was in yeshiva at his inauguration, during which I caught precisely ten minutes of his speech between seder and shiur. I WAS eating corn chips, though...

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