

help me help others

Posted by Raffi - 30 Dec 2011 15:36

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Dear chevre,

I am a frum social worker working to put together a prevention program for yeshiva bochrim to help protect them from falling into the nightmare of pornography addiction. Does anyone have any ideas, thoughts, tips? What do you wish someone had told YOU back then?

Thanks,

Raffi

P.S. If you think there is a better forum to post this on than the intro forum, please let me know that too.

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Re: help me help others

Posted by Dov - 30 Dec 2011 15:56

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Do *you* have a pornography habit? It doesn't really have anything to do with your request, but since you are here, I figured I'd just come out and ask. Im lo achshov eimosai?

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Re: help me help others

Posted by gibbor120 - 30 Dec 2011 16:01

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GYE has already begun this task.

See attached.

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Re: help me help others  
Posted by Raffi - 30 Dec 2011 17:17

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Can't download. Try again? I'm interested to see it. When you say "already begun the work," do you mean just compiling the info, or actually going out to present it?

I do not have a pornography addiction. I work in child sexual abuse (and domestic violence), and the fields are somewhat related.

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Re: help me help others  
Posted by gibbor120 - 30 Dec 2011 18:57

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I was able to download it without a problem. Try again. you can pm guardureyes. he will know exactly what is being planned. I think this document is the beginning of a larger plan.

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Re: help me help others  
Posted by Dov - 30 Dec 2011 19:32

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Thanks for sharing that, Raffi - and may Hashem bless you and your efforts at helping His people!! Hatzlocha in everything you do!

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Re: help me help others  
Posted by the.guard - 31 Dec 2011 19:30

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[Raffi wrote on 30 Dec 2011 15:36:](#)

I am a frum social worker working to put together a prevention program for yeshiva bochrin to help protect them from falling into the nightmare of pornography addiction. Does anyone have any ideas, thoughts, tips? What do you wish someone had told YOU back then?

We have tons of great material that we can help you. Be in touch at [eyes.guard@gmail.com](mailto:eyes.guard@gmail.com)

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Re: help me help others

Posted by Pure yid - 31 Dec 2011 22:54

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If someone would only help me by telling me how sick I will be, but I don't think I would listen at that time.

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Re: help me help others

Posted by Raffi - 31 Dec 2011 23:21

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Well, can you think back to that frame of mind and think of anything someone COULD have said to you that you would have listened to?

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Re: help me help others

Posted by kosher - 02 Jan 2012 04:05

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Only partially based on my personal experience...

The first thing and possibly the most important thing is that a person needs to be self confident, satisfied and happy with their family and social environment. It's largely when people don't feel good about themselves and don't have healthy relationships that they turn to illicit pleasures.

You probably can explain to people that this will not bring them the happiness they seek and ultimately will make them less happy and satisfied, but its going to be a much harder sell if the alternate route to happiness is not within their sight.

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Re: help me help others

Posted by gibbor120 - 02 Jan 2012 16:35

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[Raffi wrote on 31 Dec 2011 23:21:](#)

Well, can you think back to that frame of mind and think of anything someone COULD have said to you that you would have listened to?

I think the biggest thing may be to somehow make bochurim understand that it is normal to have a problem and not to be embarrassed to speak to someone about it. Early intervention is

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