

Thank u Por...& Mas...

Posted by ThankuThankuThanku - 23 Oct 2011 16:40

Hi Chevra

I started therapy lately, I am rather enjoying it.

But He is getting me to realise how I react and respond in his peculiar ways.

But the most interesting part was the way he is trying to make me feel about P&Ming

this is what he said:

"you are in a war you against the world, living here has been hell for you"

"you have to be thankful to the porn and sex, this is what kept you surviving"

Chevra tell me what you think about it

should i quit?

I am not new to the forum I love the forum and hang on to it

however I am new to this ID

I want to be very clear with discussing my therapists way of work

I decided to add another ID for this sake

SO dont try guessing who I am It's none of your B

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Re: Thank u Por...& Mas...

Posted by ThankuThankuThanku - 25 Oct 2011 15:44

intresting enough he never told me that i have him instead

he is saying that i have to learn to trust "let go"

then wont need theese securities

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Re: Thank u Por...& Mas...

Posted by tehillimzugger - 25 Oct 2011 15:51

[ThankuThankuThanku wrote on 25 Oct 2011 15:44:](#)

intresting enough he never told me that i have him instead

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ask him what happens if the problems come back.

is he saying you should put yourself into the hands of a higher power- like the 12 steps

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Re: Thank u Por...& Mas...

Posted by ThankuThankuThanku - 26 Oct 2011 09:08

of course

he says the steps and grpoups are the only way to be sober

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Re: Thank u Por...& Mas...

Posted by wishing for the real me - 26 Oct 2011 09:17

Then he is good.

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Re: Thank u Por...& Mas...

Posted by ThankuThankuThanku - 26 Oct 2011 09:23

thanks real U

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Re: Thank u Por...& Mas...

Posted by wishing for the real me - 26 Oct 2011 09:27

ur velcome

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Re: Thank u Por...& Mas...

Posted by ThankuThankuThanku - 26 Oct 2011 09:49

wow! are u accepting that u already r the real u?

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Re: Thank u Por...& Mas...

Posted by tehylimzugger - 26 Oct 2011 11:38

of course he already is the real him, the real him is in a couple of pieces, he just has to put them together and he's fine

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Re: Thank u Por...& Mas...

Posted by Me3 - 26 Oct 2011 15:05

Hey I forgot about R Shlachter, you're right that's right up his alley. I don't think his approach worked too well for Uri, or Sturrgle (Was he by him also?).

By the way your guy still hasnt gotten back to me.

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Re: Thank u Por...& Mas...

Posted by Dov - 26 Oct 2011 19:20

molei kichsa vohevel.

just felt like saying that for the fat old timers about. Not aimed at anyone. So there.

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Re: Thank u Por...& Mas...

Posted by wishing for the real me - 26 Oct 2011 19:24

I only speak english. Can you please transilate. Who is R Shlachter?

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