### **GYE - Guard Your Eyes**

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Generated: 11 September, 2025, 02:10 Here for selfish reasons Posted by milehashem - 06 Sep 2011 12:13 Hi everyone, I was learning some chassidus and read that there is a direct connection between how much money one receives, and shmiras habris. That's why I'm here. I want money. Prikei Avos says "Calculate the cost of a mitzvah against its reward, and the reward of a sin against its cost." (2:1) I enjoyed self-pleasure, but would rather have great wealth instead. Re: Here for selfish reasons Posted by ZemirosShabbos - 06 Sep 2011 14:41 Hi and welcome, and as the pros here say, sometimes the only thing that works is "enlightened self-interest" below is the official 'welcome package', please take the time to go through it, it is the key to your success here... wishing you much much hatzlocha

## Welcome to our community, you have finally come home!

Once you've arrived, there's no turning back. Everyone here will just grab a hold of you and pull you up with them!

GYE Program in a Nutshell: (Right Click the link and press "Save Link/Target As" to save the PDF file to your computer).

We're all in the same boat here *Tzuras Rabim Chatzi Nechama* Guard Your Eyes' offers a unique approach to helping people by recognizing that there are many different levels in the struggle for "*Shmiras Ainayim*" and "*Shmiras Habris*". After studying the experience of hundreds of religious strugglers over the past few years, we put together the suggestions and recommendations that we feel are best for the various levels. We divided the tools, features and services that GYE offers into 8 different levels. This "GYE Program in a Nutshell can help people quickly identify at what level of the struggle they are at, and which tools and features would help them most at their particular level.

# Here are some quick things you can do to help you jump straight into recovery:

- 1) Make sure to install a strong filter. It will be almost impossible to break free of this while having all the garbage within a mouse click away. See **this page** for one good filter option, along with instructions on how to install it best and give away the password to our "filter Gabai"... See **this page** for another 20 (or so) filter ideas and information... We also **highly advise** installing "Reporting Software" such as **webchaver.org** to give you some accountability, because filters alone are usually not sufficient and they can often be bypassed.
- 2) Join the daily Chizuk e-mail lists to get fresh chizuk every day.
- 3) Scientific studies have shown that it takes 90 days to change a neural thought pattern that was ingrained in the brain through addictive behaviors. Did you join the <u>90 day chart</u> on-line? Sign up <u>over here</u>.

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- 4) Post away on this forum! You will get tons of daily Chizuk and support. This disease can't be beat alone. It works best when you **get out of isolation!**
- 5) GuardYourEyes also offers many free anonymous phone conferences where you can join a group of other frum Yidden, along with an experienced sponsor. See <a href="https://www.guardyoureyes.org">www.guardyoureyes.org</a> Tools > Phone Conferences for many different options. Our conferences are taking place every day, morning, noon and night... Joining a phone group would be a tremendous step in the right direction for you and help you learn freedom from this addiction. Not only will you learn the secret of the 12-Steps which is known to be the world's most powerful program for beating addiction having helped millions world wide, but the daily call will be another way of GETTING OUT OF ISOLATION and connecting with others who are going through what you are.
- 6) If you need more general guidance, write to our e-mail helpline at **gye.help@gmail.com** or call our hotline at 646-600-8100.
- 7) Download and read the "Guard Your Eyes Handbook". This handbook outlines the GYE approach in detail, and makes our network much more effective and helpful for people. **The handbook has two parts:**
- A) The first part, "Attitude & Perspective", details 30 basic principles to help us maintain the proper attitude and perspective on this struggle. Here are some examples: Understanding what we are up against, what it is that Hashem wants from us, how we can use this struggle for tremendous growth, how we can deal with bad thoughts, discovering how to redirect the power of our souls, understanding that every little bit counts, learning how to bounce back up after a fall, and so on and so forth...

The second part, "**The 18 Tools**", detail suggested tools and techniques, in progressive order, beginning with the most basic and fundamental approaches to dealing with this addiction, and continuing down through increasingly earnest and powerful methods. No matter what level our addiction may have advanced to, we will be able to find the right tools to break free in this handbook!

May Hashem be with you!	
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Re: Here for selfish reasons Posted by bardichev - 06 Sep 2011 14:56	
shmiras habris brings \$\$\$	
yosef hu hamashbir	
===== ====	
Re: Here for selfish reasons Posted by kidushashem - 06 Sep 2011 23:57	
If I were you, I would Chap Arein while you're running after money and stick to the too site (including the forum) and that way you will have a real Ratzon to not sin. Don't relyour want for money. That could be hard to keep up. (You may reach a point where y have fun than have money and the Yetzer is very good at convincing).	ly just on
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Re: Here for selfish reasons Posted by Back on Track - 07 Sep 2011 03:10	
I thought I was the only one here for the gelt	
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Re: Here for selfish reasons Posted by Yossi.L 07 Sep 2011 03:24	
SO MONEY CAN BRING HAPINESS	
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Re: Here for selfish reasons Posted by milehashem - 07 Sep 2011 11:02
re: kidush ashem (sanctified guilt?)
How is receiving more money not a "real ratzon"?
How many Jews think that they have a "real ratzon" because they want to have
a "clean neshama" and have a good "olam haba" - when they have no clue what any of the phrases in quotes mean???
Obviously, so many sinners started out with these "real" ratzonos.
I want money. It's a powerful desire. It happens to be that I want to do
mitzvos with my money, but so what?
I want money. It's a powerful human desire. More powerful thanwellyou know
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Re: Here for selfish reasons Posted by Yossi.L 07 Sep 2011 15:48
I think what he he meant by a real ration is a "deeper ratzon". If your life is laden with an addiction then you have no life at all. So yes, there is nothing wrong with money being your driving force, however, once you are really cleansing yourself, and you take an honest look at yourself, then believe me, you will have a deeper ratzon! If you take an honest look at yourself then you won't need money to drive you to be clean!
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Re: Here for selfish reasons Posted by ZemirosShabbos - 07 Sep 2011 17:36
here is a joke (for free)
if you type guardyoureyes with the hebrew keyboard setting it spells
????????
which is ???? ?? ???
"oisher get more"
shefa bracha vehatzlacha
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Re: Here for selfish reasons Posted by heuni memass - 07 Sep 2011 17:42
zem - funny!
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Re: Here for selfish reasons Posted by gibbor120 - 07 Sep 2011 17:55
ok, zemmy, what is the gematriah for guardyoureyes? (you can try it both with and without the ".org", not sure what the gematriah of the "dot" is) You're on a roll.
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Re: Here for selfish reasons

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Posted by heuni memass - 07 Sep 2011 18:02

When i read the words I thought it was saying wealth (leads to) bitter divorce. i guess your is a better choice.

ZemirosShabbos wrote on 07 Sep 2011 17:36:

if you type guardyoureyes with the hebrew keyboard setting it spells

????????...

which is ???? ?? ???

"oisher get more"

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Re: Here for selfish reasons

Posted by ZemirosShabbos - 07 Sep 2011 18:06

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Re: Here for selfish reasons

Posted by heuni memass - 07 Sep 2011 18:25

did you try writing that in English on the Hebrew key bored? Zemiros Shabbos wrote on 07 Sep 2011 18:06:

# **GYE - Guard Your Eyes**Generated: 11 September, 2025, 02:10

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?????
Re: Here for selfish reasons Posted by alexeliezer - 07 Sep 2011 18:26
milehashem wrote on 06 Sep 2011 12:13:
That's why I'm here. I want money.
Welcome!
Whatever works for you! As long as it keeps working.
Personally I'm in it for the brains. I wanted my mind back.
What would happen if you won the lottery tomorrow?
Alex
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