## **GYE - Guard Your Eyes**

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baby steps Posted by coby613 - 28 Jun 2011 21:04

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For all you who have tried and fallen, or for those who are too scared to try, I'm putting up a challenge here. Kind of a companion to the 90-day goal: Just a second ago, I was watching a (legitimate) movie and there was a graphically inappropriate scene. My first step in this challenge for myself was to go to the menu and go to the next scene (i'll prolly find out if there was anything important in the dialogue later in the movie). What is/are your first real steps?

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Re: baby steps

Posted by Blind Beggar - 28 Jun 2011 22:36

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My first step is never, ever to watch any movie at all. If I see a real woman and I get excited, I snap an elastic band on my wrist to stop the thought. If I don't get excited before I look away, I look at my tzitzis.

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Re: baby steps

Posted by coby613 - 28 Jun 2011 22:52

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that is a good start, and i do have a few movies at home that i wouldnt mind losing. however, i do have (most) that don't bother me at all. I'm talking like Rebecca. Wizard of oz, casablanca, spartacus, classics like that. also a few that i cant judge as of yet. oh and i cant give up my ufc

:-) but i did actually get rid of my "stash" earlier this week, so maybe the fast forwarding isnt really my first step....

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