

new guy on board

Posted by helpfyi - 05 Jun 2011 16:54

Hi, i'm new. i have gotten into bad habits lately and need help. when i was young i spilled a lot of seed but got married and got over it. But as you can understand it came back when i again got exposed to internet porn. i have only spilled seed once but have seen alot of pron and am scared where it will lead. i have crazy thoughts am makes me be unhappy with my wife, obviously she wont do what i see on the porn sites! im a good guy other then that if you can even say that, i help many people grow but now i have to help myself. please send me your tips and comments.

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Re: new guy on board

Posted by helpfyi - 04 Aug 2011 20:53

just in case someone still cares, i have been doing great lately, i have in the last 40 days not lustfully gazed at any women at all! yes you heard not one! if i did i looked away right away! no porn for 2.5 months and i'm under a neder which is working great for me! yes its hard and sometimes i want to look, but for most part i am disgusted at looking. my shlom bayis is great since and the love between me and my wife since then is awesome! its rewarding i daven better learn and and all around a better person. And i have to thank all of you for the great chizzuck i get here. i hope this continues and the real test is going to be bain hazmanim and i am preparing alot for it.

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Re: new guy on board

Posted by Gevura Shebyesod - 04 Aug 2011 21:35

Awesome!!!!!!

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Re: new guy on board

Posted by bardichev - 04 Aug 2011 21:50

[Helpfyi wrote on 04 Aug 2011 20:53:](#)

ehhh zhugg ehkh vuu dusz kuppesrdwn

ehh zhugg??

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Re: new guy on board

Posted by ZemirosShabbos - 04 Aug 2011 21:58

tzvai zaitin fin dee zelbe matbaya

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Re: new guy on board

Posted by Dov - 05 Aug 2011 00:26

Now ***that's*** living!

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Re: new guy on board

Posted by helpfi - 05 Aug 2011 03:29

thanks guys for all your support, trust me its not easy and there are times i feel weak but i keep on going and its becoming 2nd nature not to look and that's awesome!

i shall keep on trucking... vrum vrum vrmmmmmmmm!!

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Re: new guy on board

Posted by alexeliezer - 05 Aug 2011 19:40

Help,

Thanks for the inspiring update! Welcome to the other side!

No need to ever fall again. It can be done. I'm 2-1/3 years into my beginner's clean streak. My neder expired a long, long time ago. Now I'm just kvar mushba m'sinai.

Life is good Good GOOD!

Alex

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Re: new guy on board

Posted by Dov - 05 Aug 2011 20:30

B"H!!!

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Re: new guy on board

Posted by helpfyi - 07 Aug 2011 18:54

[alexeliezer wrote on 05 Aug 2011 19:40:](#)

Help,

Thanks for the inspiring update! Welcome to the other side!

No need to ever fall again. It can be done. I'm 2-1/3 years into my beginner's clean streak. My neder expired a long, long time ago. Now I'm just kvar mushba m'sinai.

Life is good Good GOOD!

Alex

wow thats amazing, i don't plan to fall again but the YH is a smart guy so i have to be on guard! at what point do you stop the neder? i'm still to nervous to stop. As far as the street, its not easy but i'm still doing it, its becoming more and more 2nd nature, i haven't been faced with crazy tests so far, and for that i thank hashem, i'm ready for a big test even though i don't want it to come. But sometimes i feel the YH has a sence of humor like when i'm being all good at he put some stupid non tznious women right in from of you in the store, i think its funny i have eeven cought myself laughing at how he tried but tooooooooooo freggggggggn bad mr YH i aint loooking at this poor women!

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Re: new guy on board

Posted by Eye.nonymous - 07 Aug 2011 18:58

Sounds like you're doing great.

Glad to hear it.

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Re: new guy on board

Posted by helpfyi - 07 Aug 2011 19:05

[Eye.nonymous wrote on 07 Aug 2011 18:58:](#)

Sounds like you're doing great.

Glad to hear it.

thanks for all the support, i gotta get through the bain hazmanim clean then i can through a party.

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Re: new guy on board

Posted by chazak - 07 Aug 2011 20:44

welcome on board my friend.

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