

New here

Posted by Jew - 11 Mar 2011 08:44

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Hi

I'm new here and i'm not exactly sure how to use this but ill start by introducing myself and telling you my story.

I'm a BT and for up to 21 years I experienced everything a normal seular guy does and when I became frum I had real problems letting this go. (i'd love to know how other BTs leave this behgind with the rest of their life) I never thought of it as an addiction and never ever would have thought that it would continue into marriage! "it will go away when you have an outlet", they told me in yeshiva. Well, i've been married for almost 3 years and last night was my breaking point. We have an amazing internet filter (if it wasnt for that i'm sure i'd feel alot worse and more often) that only uses white listed websites but 'where there is a will there is a way'!

I dont want to give too much info as i dont want to mhirhur anything at all. But just writing out my story in very short is feeling very helpful. I feel somewhat liberated already!

Good Shabbos

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Re: New here

Posted by Jew - 28 Mar 2011 20:37

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I've got to say that im having a really hard time. Went on the train to work today and there is always untzenius women there. then this evening I was left on my wifes profile on the computer while she dealt with the baby. So I was left... all by myself... BH she came back down soon after. I did have a look but nothing as bad as what it could have been and I consider that a slip rather than a fall, it was not porn and was not the status quo. BH am still clean I think. just want to get through tonight and get to 18 - Chai! Just think of that. Chai! Tonight will be tough.

Hope you're going to be OK. Really want to stick together.

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Re: New here

Posted by realsimcha - 29 Mar 2011 03:04

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I hope that your night is going well. I am thinking about your struggle and I daven that you should continue to have the strength to go through each day.

You are so strong that you had the ability to mess up and you kept yourself strong. You know you have it in you! May I suggest an early night? Those late nights are killers for both of us!

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Re: New here

Posted by Jew - 29 Mar 2011 06:39

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Thank you for your sincere chizuk. I made it and I daven that you did too. I did have an early night. 9.30pm English time to be precise!

I'm alive! 18-Chai. We got to celebrate this milestone.

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18 !!!!!!!!!!!!!!! its in sight (and in site