

Shovavim: 42 days of opportunity

Posted by DavidT - 12 Jan 2020 20:35

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This week begins the six week period known as Shovavim. Shovavim is an acronym for the six weekly Torah portions Shemot, Vaera, Bo, Beshelah, Yitro and Mishpatim. The word Shovavim alludes to the Pasuk in Yirmiya (3:14), "Shuvu Banim Shovavim" - "return oh wayward children"... The Arizal taught that these weeks are especially auspicious for doing Teshuvah in the area of *Shmiras Habris*.

The six weekly Parshiyos of Shovavim deal with the slavery of the Jewish people in Mitzrayim and their subsequent redemption, all the way through the giving of the Torah on Har Sinai. The struggle for moral purity often follows the same theme, where a person often feels trapped and enslaved to their animalistic desires. Through Teshuvah and divine intervention, one can succeed to break free of the bondage to these destructive behaviors and become a servant of G-d.

The weeks where we read about the Jewish people's journey from slavery to divine servitude, are especially auspicious for **own personal journeys** from slavery - to becoming men of G-d.

[\(See here](#) for more information on Shovavim).

Here are some more great resources on Shovavim:

[Shovavim and recovery](#)

[SHOVAVIM Workshop](#)

[Leave the Mitzrayim of the Yetzer Hara](#)

[Torah Anytime Shiurim](#)

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Re: Shovavim: 42 days of opportunity

Posted by DavidT - 13 Jan 2020 19:48

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Someone told the Beis Yisrael of Gur zt'l that a kabbalist told him that he is suffering from an ayin hara, and he is very worried about that. The Rebbe repeated the Gemara (Bava Metzia 107) that says, "Rav entered a cemetery and said that ninety-nine percent of people die from an ayin hara, and only one percent die a natural death." The Rebbe said, "**This means everyone suffers from a bad eye," from not being cautious with their eyes. That is the root of all problems.**

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Re: Shovavim: 42 days of opportunity  
Posted by eyes - 15 Jan 2020 14:42

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What can I do to be part of this ?

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Re: Shovavim: 42 days of opportunity  
Posted by DavidT - 15 Jan 2020 15:39

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[eyes wrote on 15 Jan 2020 14:42:](#)

What can I do to be part of this ?

Please explain your question better... thanks!

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Re: Shovavim: 42 days of opportunity  
Posted by DavidT - 03 Jan 2023 21:22

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[DavidT wrote on 12 Jan 2020 20:35:](#)

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## Shovavim and recovery

## SHOVAVIM Workshop

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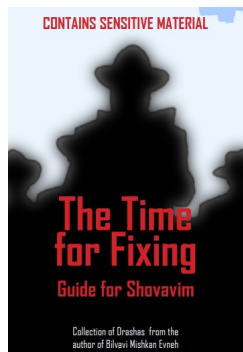
What can we do to prepare and take advantage of this gift that Hashem is giving us?

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Re: Shovavim: 42 days of opportunity  
Posted by DavidT - 08 Jan 2023 15:27

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<https://bilvavi.net/files/Bilvavi.Time.for.Fixing.pdf>

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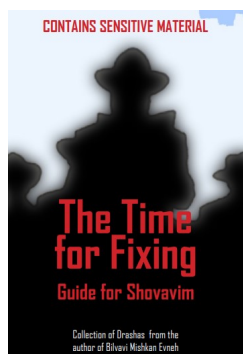
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Re: Shovavim: 42 days of opportunity  
Posted by Markz - 08 Jan 2023 15:43

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[DavidT wrote on 08 Jan 2023 15:27:](#)

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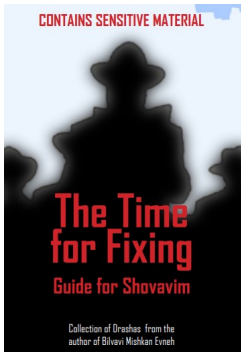
Re: Shovavim: 42 days of opportunity  
Posted by sleepy - 09 Jan 2023 05:32

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[Markz wrote on 08 Jan 2023 15:43:](#)

[DavidT wrote on 08 Jan 2023 15:27:](#)

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Posted by Markz - 09 Jan 2023 15:37

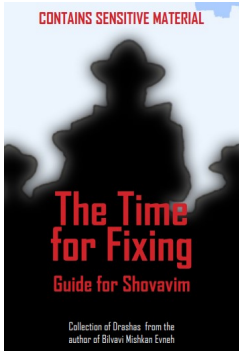
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Any idea who the author is?

I had no idea. It seems to be anonymous.

I Google searched and found more info. He may be a great man, but you called him a Gadol when most of us never heard of him and have no idea who the author is.

Apparently you know about him. Can you share more with us?

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Re: Shovavim: 42 days of opportunity  
Posted by sleepy - 09 Jan 2023 16:02

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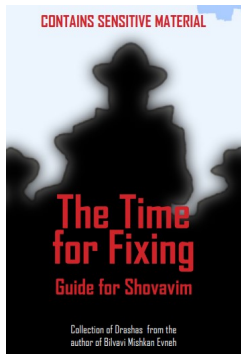
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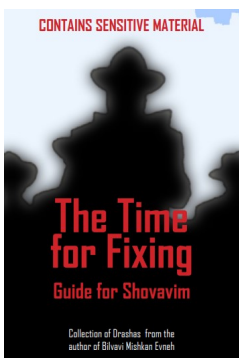
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while im on the topic , i would like to elaborate on reason #1 , now i want preface and say that if the following words hurts the feelings of any of our gye holy brothers that have an issue with ssa , please dont take my words as an attack on you, or being personal. everyones issue is different, and there is no finger pointing or dehumanizing intended. i have discussed with some ssa members about this point , and although it may not have helped them but many have told me that it was food for thought.

lets talk about goyim.

by goyim the sexual instinct is just to have pleasure and the fact that a human life can be created by this act is just a fluke in nature. i read an article by a woman who was giving sex ed. and she said it used to be that there was a chance that a baby will be born ,but now WE HAVE LEARNED HOW TO OUTSMART THE SYSTEM! ??"? meaning, now we can have pleasure from sex ,just for pleasures sake, and not to bring life into this world. when that becomes the attitude then ssa follows eventually because when a man and woman are together G-d forbid a baby may be born, and who has time for those things? so from this worry contraceptives are invented and not natural relationships are made,because after everything is said and done , contraceptives cost a few bucks and sex a couple of times a week add up,and they are not always foolproof, so lets ditch the whole thing and have ss relationships.

if people never heard of ssa and they really were aware of the MIRACLES of reproduction and realize that that is its purpose, if someone would tell them for the first time a concept of ssa,

they would look confused and be disgusted.

i dont think i am doing justice to this idea. there is alot more to say(not tons) but i have to cut it short.

again i hope no one is offended by these words it wasnt intended

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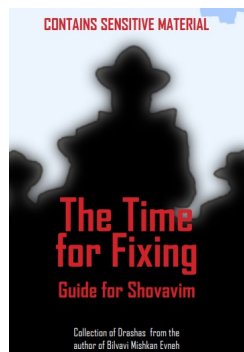
Re: Shovavim: 42 days of opportunity  
Posted by Human being - 09 Jan 2023 22:20

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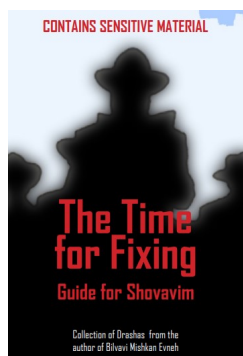
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I think the author may be looking for a different word then "wants" or "desires". He may be looking at the word "is scared" or "has anxiety".

He may be looking to say, there are 3 reasons/causes of homosexuality,

1-One cause is because a person doesn't want is scared or has anxiety to give pleasure and he only wants **feels safe** taking pleasure.

2-A person wants is scared with the world being how it is, and therefore he is only attracted to what is safe for him to switch around which is not the way the world is supposed to be.

3-A person wants to is very scared or has a lot of anxiety of people and relationships and therefore only feels safe when he remains alone, because he feels scared and has anxiety like he doesn't need anybody even though he needs relationships and people really badly. He is never-the-less too independent scared to connect to others.

I am not saying a agree or disagree with the author.

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Re: Shovavim: 42 days of opportunity  
Posted by willdoit - 09 Jan 2023 22:38

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What about the people who didn't choose to have depression? Who don't want depression? Feel shameful they have depression?

Does it come to say that the underlying cause isn't there?

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Re: Shovavim: 42 days of opportunity  
Posted by sleepy - 10 Jan 2023 04:50

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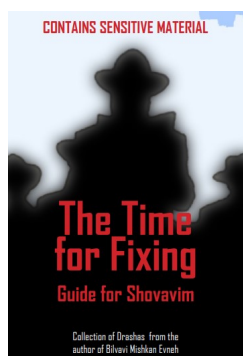
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[sleepy wrote on 09 Jan 2023 05:32:](#)

[Markz wrote on 08 Jan 2023 15:43:](#)

[DavidT wrote on 08 Jan 2023 15:27:](#)

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<https://bilvavi.net/files/Bilvavi.Time.for.Fixing.pdf>

Hi I opened it up.

It seems unreliable based off what he writes in the section on homosexuality (begins on page 53).

How many people has this author helped in real life?

I quote his concluding remarks on that topic.

*"Altogether, we have found three reasons for homose\*ual **behavior**. One cause is because a person doesn't want to give pleasure and he only wants to take pleasure; therefore, he engages in a relationship in which only he enjoys and takes pleasure, and there is no one to receive his pleasure. (The solution for such homose\*ual behavior is to become the giver of pleasure, and not to be a taker of pleasure).*

*Another cause for homose\*ual behavior is that a person wants to switch around the way the world is supposed to be; he wants to defy the laws of nature that Hashem created the world with. In other words, he doesn't want his role as a man – he doesn't act masculine, because he'd rather be more feminine (by being a taker).*

*[Although this sounds similar to the first cause, it is not the same thing. In the first cause of homose\*ual behavior, the root of the problem is because the person would rather be a taker of pleasure than a giver of pleasure. The second cause, though, also involves this factor of wanting to be a taker, but it is rooted in the fact that the man would be rather be more feminine than masculine.]*

*A third cause for homose\*ual behavior is that a person wants to remain alone, because he feels like he doesn't need anybody. He is too independent. It can get to the point that a person is so conceited with himself that he thinks of himself as sort of like a G- d, which was the problem that Pharoah developed, as well as many other people throughout history.*

*[ The solution for this, as was mentioned, is that if he is single, he needs to get married, so that he can realize that he is an incomplete being by himself. And if one is already married, he needs to feel like he needs his wife, because if not for her than he has no one whom he can give to; this will help him become more connected to his wife and thus lose his homose\*cal tendencies as a result] ”.*

?????? ?????

maybe once the gadol is disclosed on this forum we should not bash him.but thats what i think.  
to each his own.

Any idea who the author is?

I had no idea. It seems to be anonymous.

I Google searched and found more info. He may be a great man, but you called him a Gadol  
when most of us never heard of him and have no idea who the author is.

Apparently you know about him. Can you share more with us?

***when most of us never heard of him ,***

im so jealous of you, how do you have access to hundreds of gye members to know if they  
know him or not, markz...*who are you?*

anyway he is a big tzadik and mashpia in Eretz Yisroel .

im a nobody , but i happened to hear from another Gadol reason number #1 for people having  
ssa (he was referring to goyim) ,but i wont drag his name in the mud here by mentioning his  
name .

anyway,KOT!

while im on the topic , i would like to elaborate on reason #1 , now i want preface and say that if the following words hurts the feelings of any of our gye holy brothers that have an issue with ssa , please dont take my words as an attack on you, or being personal. everyones issue is different, and there is no finger pointing or dehumanizing intended. i have discussed with some ssa members about this point , and although it may not have helped them but many have told me that it was food for thought.

lets talk about goyim.

by goyim the sexual instinct is just to have pleasure and the fact that a human life can be created by this act is just a fluke in nature. i read an article by a woman who was giving sex ed. and she said it used to be that there was a chance that a baby will be born ,but now WE HAVE LEARNED HOW TO OUTSMART THE SYSTEM! ??"? meaning, now we can have pleasure from sex ,just for pleasures sake, and not to bring life into this world. when that becomes the attitude then ssa follows eventually because when a man and woman are together G-d forbid a baby may be born, and who has time for those things? so from this worry contraceptives are invented and not natural relationships are made,because after everything is said and done , contraceptives cost a few bucks and sex a couple of times a week add up,and they are not always foolproof, so lets ditch the whole thing and have ss relationships.

if people never heard of ssa and they really were aware of the MIRACLES of reproduction and realize that that is its purpose, if someone would tell them for the first time a concept of ssa, they would look confused and be disgusted.

i dont think i am doing justice to this idea. there is alot more to say(not tons) but i have to cut it short.

again i hope no one is offended by these words it wasnt intended

this is very strange, no thoughts? no thank yous? no rotten tomatoes? i wasnt banned for this post? is there a moderator in the house?

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