## **GYE - Guard Your Eyes**

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cheating

Posted by EZN - 17 Apr 2020 04:27

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I along with many others in the wolrd are struggling with being motzei zera levatala and i felt that there are many others who dont know about gye and and are working through the traditional way of stopping like learning mussar and doing things that will distract themselves from the aveira. I know this might sound a little crazy but i feel like a cheater in a certain way a nd also feel a little different than all my friends who are struggling with this same nisayon.

I feel that this is 90 percent my Yetzer Hara but the other 10 percent is telling me that i am just trying to find an easy way out. I need a little help from the forum. Thanks.

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Re: cheating

Posted by Heiligetzadik - 17 Apr 2020 05:25

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it's very hard to say, nobody knows why hashem picked him to go throw these struggles and hardships.

when we started to struggle, we didn't know much, and when we noticed what's going on, it was a little to late, i learned a lot, but it didn't help me stay sober, but everybody is different, and maybe you will find your help throw learning, try it and see.

i wish you a lot hatzlacha in your recovery

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Re: cheating

Posted by moshe1988 - 17 Apr 2020 05:26

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Why do you feel like you're cheating?

there is no kutzt in working hard, the kuntz is to work smart.

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Re: cheating

Posted by wilnevergiveup - 17 Apr 2020 05:35

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things, that, on a regular basis, a person is not saved from.

? Chiddushei Halev Naso 5:18. A person can feel opposite feelings at the same time: both a feeling of repulsion, and also a feeling of strong attraction. That is because a human is comprised of both an earthly body and and G-dly soul. Therefore, he should not feel distraught if improper thoughts suddenly come to his mind, as such may happen even to a tzaddik and chassid.
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Re: cheating Posted by EZN - 17 Apr 2020 14:51
wow i never looked at it that way thanks a million!!
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Re: cheating Posted by Heiligetzadik - 17 Apr 2020 17:10
that is something that is written in all sefurim, that everybody is going throw his own hardships, and when we know this clearly, we have the strength, that we are not ugly bad people, and we have the courage to work on our self
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