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Coronavirus - Have Faith, Not Fear Posted by DavidT - 15 Mar 2020 17:29

Have Faith, Not Fear

Yes, the concern is real. But the truth is, there is only One who decides what will happen to us, and that is the one Director of heaven and earth. Trust that He is good and think only good thoughts, and things will be good.

Spend some time pondering and verbalizing your faith in G?d. Pray. Ask Him to protect you and your loved ones. Ask Him to send healing to the entire world. Then have complete confidence that He listens to every prayer that comes from the heart, and yours will be answered as well.

"Most studies have shown that religious involvement and spirituality are associated with better health outcomes, including greater longevity, coping skills, and health-related quality of life."

As in most situations, fear doesn't do anyone much good. Even a teaspoon of faith, on the other hand, has amazing healing power.

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Re: Coronavirus - Have Faith, Not Fear Posted by DavidT - 01 Apr 2020 19:44

People are giving up one of the highlights of their year, spending the holiday with their families, in order to guard their lives and fulfill the mitzvah of ??????? ??? ???????-guarding their health.

When their families are around and they are sitting like a king and a queen at a long lavish table, it is not so difficult to perform and conduct a Seder with happiness and enthusiasm. This year, they will have the opportunity to sit at their Seder table ???? ??' ???? – with no one else there, just them and Hashem. Are we going to relate the story and do the mitzvot the best way possible because it is the will of Hashem?

If we can do that then we'll be lishma, we'll be pure, we will have passed this great test and prove that our service to Hashem is real, not just one of impressing other people. We don't need to worry so much about the presentation we are going to be making to our families. We can concentrate fully on the presentation we are going to make to Hashem.

When Hashem sends us challenges, there is only one question that must be asked: "What does He want from me right now?"

We are living through a unique time. We don't know Hashem's reasons, but we do know everything He does is for the good. The ????? says (in his ????? to ???? ?????) that if a person lives through a ??? ???, and it did not affect him, and he didn't grow from the experience, then he is comparable to a donkey that transports grain all day long. He hauls the wheat during one season, and the barley during another season, yet he never benefits from all that food. If someone eats ??? on Pesach, for example, and does not strengthen his ?????, he is merely "carrying" the ???? around, like the donkey.

This is the choice that we are facing. ????? ?', we hope the pandemic will end soon. What will be then? Will we be like the donkey, having gone through such an experience, but have gained nothing from it? Or will we have used this opportunity to uplift our ????? ?' and to become close to Him?

It's up to us.	
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Re: Coronavirus - Have Faith, Not Fear Posted by DavidT - 07 May 2020 17:16

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Re: Coronavirus - Have Faith, Not Fear Posted by DavidT - 11 May 2020 16:15

In Sefer Yeshaya, perek bet, it speaks about what is going to take place in the Acharit Hayamim and when the Mashiach comes. It describes what is going to be the most beautiful time period in history. Towards the end of that perek, in pasuk 21, it speaks about a time when people will go into hiding and the first two words of that pasuk: "???? ?????", which if the letters are unscrambled, also spell the words "?????? ????" which means Corona in the world. This was discovered by someone in Israel who studies Bible codes.

This pandemic has been planned from thousands of years ago. Nothing just happened. It is, just like everything else, part of Hashem's master plan. And every person is always dealt with on an individualized basis. Nothing ever happens that is not supposed to happen.

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