

LUST OR DISGUST?LETS DISCUSS!

Posted by ieeyc - 25 Apr 2018 23:39

I dont have the leshonos in front of me ,but here goes.

The Gemara says that an isha is like a untensil full of feces and blood,but nevertheless everyone is running after her ,how i this so? Gezeras Melech he! Which means,in order for there to be a continuation to mankind, Hashem decreed that men have to be attracted to women (and the decree is being obeyed pretty good!) eventhough in reality, its something to be disgusted/not lusted .

Does this mean that women dont or should not be respected?G-d forbid to suggest such a thing! A nonjew is Tzelem Elokim-Made in the Image of Hashem,and a Jew has that, **plus** a Neshama Kedosha,so respect upon respect is required(unless that person is a rasha meroosha).

Does this mean that i **MUST** lust after her?(hey a decree is a decree).G-d forbid to say **that** ,Viatah timshol bo! and you will/should conquer him (the yetzer hara)!

So my main question is where does this leave us, regarding the temptations of the street? And in what practical way can we make use of this precious secret from Chazal?(and it **is** a secret because suggest this idea to someone who is not ma`amin in Chazal and ask if they agree to this ,or are they **vehemently** opposed.)

To be continued ,be`ezras Hashem.

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Re: LUST OR DISGUST?LETS DISCUSS!

Posted by ieeyc - 30 Apr 2018 03:36

[Trouble wrote on 29 Apr 2018 22:02:](#)

I actually find that this feces method keeps me out of my wife's bed, and that's a good thing (especially when **she's in the forbidden state**, but even when not)! So, keep on chiziking please.

which state is that,california?

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Re: LUST OR DISGUST?LETS DISCUSS!

Posted by ieeyc - 01 May 2018 18:24

"ieeyc" post=330431 date=1525015885 catid=15hi , im just wondering if anyone on this site has a problem that they know to look at women /znus is an aveira ,but they look anyway?

Warning: Spoiler!

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Re: LUST OR DISGUST?LETS DISCUSS!

Posted by ieeyc - 01 May 2018 18:33

[ieeyc wrote on 29 Apr 2018 15:39:](#)

Warning: Spoiler!

[ieeyc wrote on 29 Apr 2018 03:39:](#)

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Re: LUST OR DISGUST?LETS DISCUSS!

Posted by ieeyc - 02 May 2018 15:26

the pasuk says:

TOSHES CHOSHECH, VIHE LAYLA -YOU(HASHEM)MADE **DARKNESS** ,AND IT IS **NIGHT-**

(chazal interpret this pasuk) ZEH HAOLAM HAZE SHEDOMEH LILAYLA- THIS IS

OLAM HAZEH (this world)THATS COMPARED TO NIGHT.

chazal are saying that this world is compared to night time where it is dark, in what way is this world night and dark?

the darkness of night time causes to distort a persons vision which will make him make two mistakes

1.the darkness causes a person to imagine when he sees a pole that its really a person(without street lamps of course),and a person he can think is only a pole.

2.the darkness prevents a person from seeing the dangers up ahead,like a hole in the ground etc.

lets take 1.,Chazal who have the LIGHT OF TORAH ,(like it says ner Mitzva ,vi `TORAH OHR-

the Torah is compared to **light**,)they SEE through the darkness of this night, they are called EINEI HA`EDA-THE **EYES** OF THE CONGREGATION , when they say say whats what, we can be **confident** in their ass,essment. chazal say on this object of lust its tzo`ah ,feces ,it may be difficult for us to accept it and if we still are running after it its not because we`re convinced that its feces,but we still want it, NO, we still see it as beautiful , meaning maybe our brain(reuvan) knows its feces,but our hearts (shimon)KNOWS that its beauty and and our hearts are in charge of our actions and NOT OUR INGENIUS BRAINS,

(aristotle used to lecture on the degradation of fornication , and once his students found him in a house of ill fame and asked him diyou not teach us our teacher how wrong this is , answered aristotle,"im not aristotle right now"-heard from Reb Dovid Kviat ZTL)

in other words we can say the problem with our brain and heart is , the ideas of Torahwhich are in our brain is compared to light, it SEES things as they are, the heart however is darkness, i dont mean evil ,but i mean it does not see things as they REALLY are, the job is to bring the light from the Torah and Neshama , that see things as they TRULY are, and get the message to the heart so the heart **also** see things correctly. and as mentioned before , learning musar,brings the **light** of the Torah to the **darkness** of the heart and enlightens it also.

eisav harashas **head** rolled into the Me`oras hamachpela, because he had the light in his head, his downfall was that he didnt transfer it to his heart/body Rachmana litzlan. which remained outside the resting place of those Holy hearts/bodies, Avrohom Yitzchak and Yaakov Avinu,and the Imahos Hakedoshos.

(this last paragraph is based on what i heard and understand, i cant quote a source for it but i think its a famous vort)

question , what is preventing the light of the head from reaching the heart and how does learning musar help?

?to be continued be`ezras Hashem

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Re: LUST OR DISGUST?LETS DISCUSS!

Posted by ieeyc - 02 May 2018 16:43

[ieeyc wrote on 29 Apr 2018 16:17:](#)

i think the answer to the spoiler is a known idea,and that is , there is **reuvan** and **shimon**, **reuvan** grew up being taught that its forbidden to look at women etc...**shimon** on the other hand grew up among goyim and had the mindset of a goy, nothings wrong ,nothings asur etc,one day **shimon** sees something in the street and looks, **yanky** approaches **shimon** and says ,why did you look at that lady,doesnt **reuvan** know that its forbidden?**shimon** will look at **yanky** and ask what does **reuvans** knowledge have to do with me?

The same exact thing is with us , we have a seichel, brain(reuvan) ,it knows,it has the knowledge that looking is forbidden,the heart(shimon) which controls our actions[in chazals lashon,the melech of all the ayvarim is the heart] has the desire to look and DOES NOT HAVE THE KNOWLEDGE THAT IT IS FORBIDDEN! and the fact that reuvan (the brain) knows ,it does not affect the ignorant heart(shimon)

Whats OUR job, to take that knowledge in the brain and to send it to the heart until not only the brain knows it but also the heart knows it , and when the heart knows that its wrong to look, youll see a MAJOR difference in what you do in the street.

VIYADATA HAYOM, VIHASHAYVOSA EL LIVVECHA-YOU SHOULD know ths idea, and send it to the heart, dont let it just remain in the brain,and THATS what learning musar accomplishes.

***yanky** approaches **shimon** and says ,why did you look at that lady,doesnt **reuvan** know that its forbidden?**shimon** will look at **yanky** and ask what does **reuvans** knowledge have to do with me?*

what if yanky asks shimon , , "how can you claim that you dont know about looking at women , reuvan has been shouting it in your ears?

shimon pulls out to expensive looking earplugs and says when shimon was talking to me , i had these in my ears!

we understand why shimon didnt hear ,dont we?

well the same thing is happening when our head tells our heart something, our heart is wearing earplugs,its called timtum halev,and what learning musar is doing is its BLASTING rays at the timtum and making cracks appear in the timtum,until small rays of light get through the cracks and shine some light into the recesses of the darkness thats in the heart ,**and makes a change.**

it works if you work it and youre worth it!

question:ive been learning musar and it doesnt seem to help,what gives?

to be continued,be` ezras Hashem

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Re: LUST OR DISGUST?LETS DISCUSS!

Posted by Shmeichel - 02 May 2018 17:09

hi there

first of all, the fact that you are learning musser, is a major achievement

it shows that you really want to get help

why not add to the musser some tehilim, being said very slow with ??????

and also some SCREAMING to hashem, not out loud on the street, not that type at all

just screaming within yourself to hashem

"Tatte help me, the yetzer horo is way more stronger then me, take away the triggers, let me be clean just for today"

one more thought:

the person is the MIND the thoughts, thats what we are, the body is not the person

therefore we have to keep our minds clean and clear for any price, otherwise we are enslaved

of course the willpower will try to pull us away to its own lust, but the more we try to keep the mind on track, the easier it gets.

the lower we went down, the higher we can get up!

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Re: LUST OR DISGUST?LETS DISCUSS!

Posted by Gevura Shebyesod - 02 May 2018 17:29

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Re: LUST OR DISGUST?LETS DISCUSS!

Posted by ieeyc - 02 May 2018 22:35

Rabbi Akiva was needing some encouragement after starting to learn Torah, and he passed by a rock and he saw a slow dripping of water on the rock had made a hole, and he said to himself, if water which is soft can make a hole in a rock which is hard, Torah which is compared to fire can make a hole IN MY HEART (shimon) and he went back to his learning, the same is with limud haMusal, you may not see the affects of the water, if you keep on looking day in day out but a change is happening! dont give up! HACHAZEK BAMUSAR AL TEREH ! NITZAREHA KI HE CHAYECHA!-STRENGTHEN YOURSELF IN MUSAR, DONT LET GO! GUARD IT ! FOR IT IS YOUR LIFE!! (Reb Yisroel Salanter ztl)

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Wow a blast from the past! Seeing you back again makes me

Re: LUST OR DISGUST?LETS DISCUSS!

Posted by Gevura Shebyesod - 03 May 2018 05:01

I heard that the Abarbanel on Pirkei Avos at the beginning of Perek Gimel says a similar idea. The first Mishna says " know three things and you will not sin". The following Mishnayos speak of the importance of studying Torah at all times. He explains that without the power of Torah, knowledge alone will not save you from sin. ~~I haven't had a chance to look it up inside yet.~~

Update: See [HERE](#) (right hand column. It's Kedai to read the whole Peirush from the beginning of the Perek. He explains the second Mishna (Hevei Mispalel B;'Shloma Shel Malchus" in a similar vein.)

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Re: LUST OR DISGUST?LETS DISCUSS!

Posted by ieeyc - 03 May 2018 14:21

a very good tzv shtell (as usual) the chidush of Rav Yisroel Salanter ZTL is that even Torah is not enough, but you need also limud hamusar.

thanks for the share!

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Re: LUST OR DISGUST?LETS DISCUSS!

Posted by Markz - 03 May 2018 14:28

ieeyc I assume you saw this message before editing. If not I can post again gratis

Take care

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Re: LUST OR DISGUST?LETS DISCUSS!

Posted by ieeyc - 03 May 2018 15:34

all i did was report to admin because i felt that someone was playing around with my profile , i even have a proof,could be that im being a little paranoid but it was happening more than once and it seemed to me to be too coincidental,i recommend to anyone on gye if they have such issue they should go to admin , nothing low in that , and i posted on the public chat to get the message to the guy that im onto him thats all.and please be my guest to repost your post ,and btw , i didnt disclose a tiny detail which would convince others that what i suspect is not just paranoia. whatever it is lets not get bogged down on these minor things and focus on why

we`re here on gye ,and thats to recover on gye things,hatzlacha!

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[ieeyc wrote on 03 May 2018 14:21:](#)

a very good tzu shtell (as usual) the chidush of Rav Yisroel Salanter ZTL is that even Torah is not enough, but you need also limud hamusar.

thanks for the share!

If anything, Abarbanel is saying exactly the opposite. ????? ???????, ??????? ??????? ??????? etc. IS Mussar, but Mussar without Torah won't work either.

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Re: LUST OR DISGUST?LETS DISCUSS!

Posted by Markz - 03 May 2018 16:26

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