

Looking to Hashem

Posted by Nissim - 18 Jan 2013 08:49

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Yesterday, I was the only one in the house with multiple computers, an iphone, and an iPad available. I thought to myself, this is a perfect time to lust. But then I said, "Hashem, can you pleasure make sure I don't give in to my lust?" Next thing I know, I am sitting down with a sefer. It's that simple.

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Re: Looking to Hashem

Posted by friendlyjew - 05 Mar 2013 00:33

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[Nissim wrote:](#)

Hashem, can you pleasure make sure I don't give in to my lust?

Haha I think you meant please?

But that's really awesome. I also find that learning is a perfect antidote to lust. It puts me in a state of mind of kedusha, and the yetzer hara simply falls away quietly, without even needing to fight it. I've also noticed that when I'm clean I want to learn more, I am able to learn more, and I enjoy it more.

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