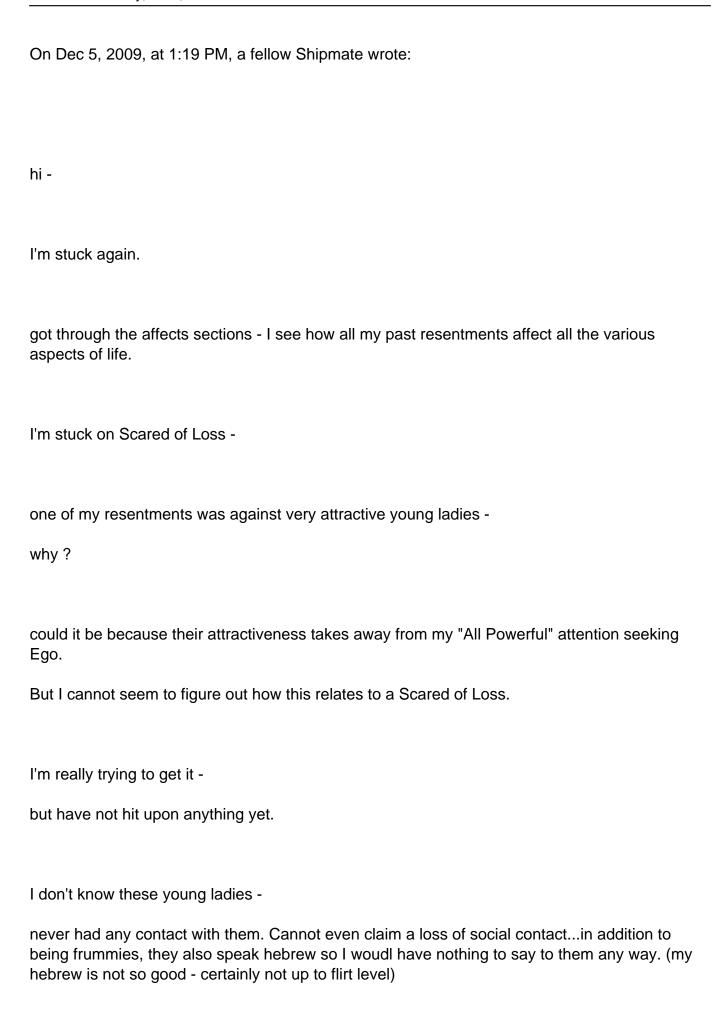


THE ANSWER INSIDE OF YOU TO THE FUNDAMENTAL QUESTION "HOW DO I GET HOME?!"
So please continue working the 4th Step. Rip it apart, layer by layer, peel by peel.
And don't complain to me if you Cry. Didn't I already tell you that we were peeling apart an ONION?!
Treasure each and every one of those tears! You earned them. They will wash your eyes and give you greater Clarity.
These aren't salty tears. These are sweet tears - for they may be the first real tears you've ever cried; the first time you have ever feeled. These are the kind of tears that call out to and get the attention of Tatty!
He's not expecting you to have all the answers. He is just waiting for you to call out to Him and tell Him that you want Him to hold your hand on this journey to SOMEWHERE OVER THE RAINBOW.
Looking FORWARD,
Duvid Chaim

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They are ju	ust	what	they	are.
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Am I afraid of never having the chance to be with them?

physically, socially?

I don't think so - I don't find myself desiring them, or thinking about them sexually -

its actually just the opposite - I resent them for being so attractive - more like hating and being angry with them.

and with this - only thing I could think of is because their attractiveness takes away from ME (ME ME ME ME)

Am I scared of losing ME - or a part of ME??

ok - so I decided to try a different angle...what do you think about this...

WATER is calm and tranquil...represents the middah of GIVING

FIRE is raging, angry and all consuming (even to the point of being self-consuming) - represents the middah of TAKING

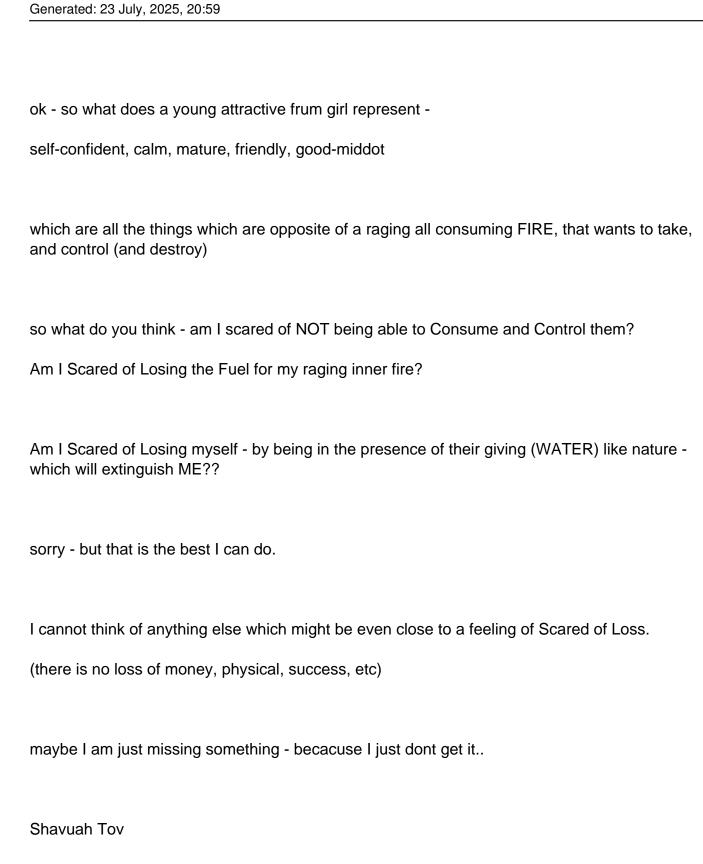
so if I was on fire (which I feel like sometimes when I was being irritable) -

and something was in my way which I was scared of - or afraid if...what would it be.

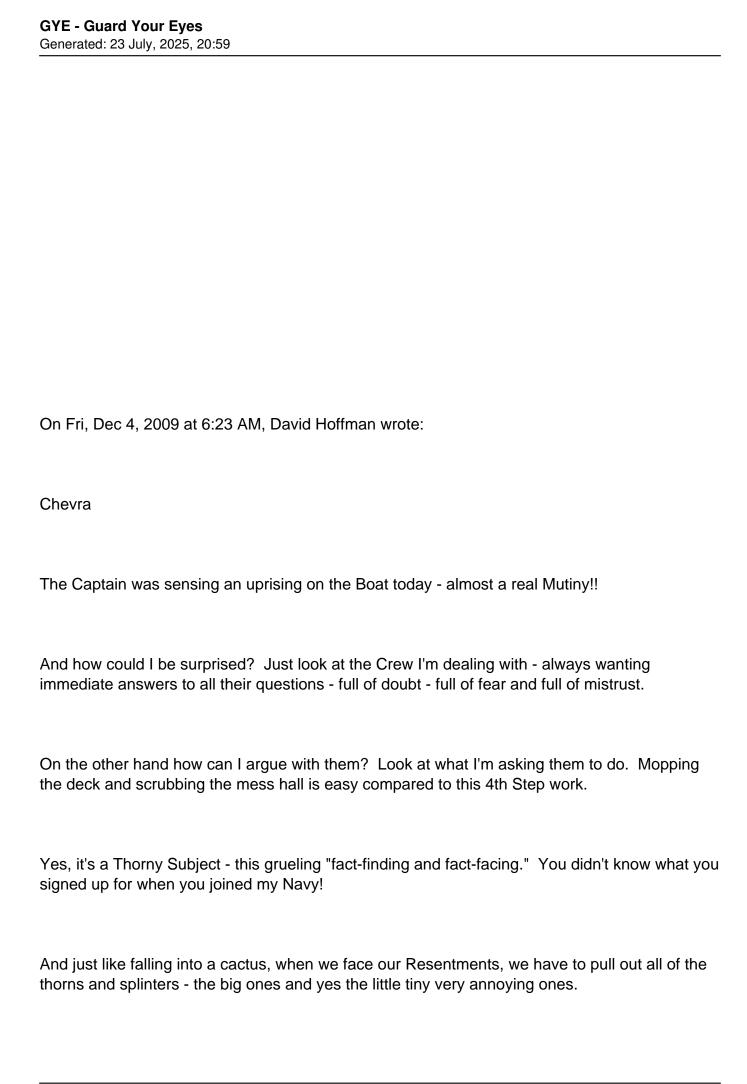
WATER - or something similar.

why - because as Fire, I would not be able to consume them, and the water would extinguish me and put me out.

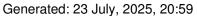
Your Shipmate



6/8



patch over his eye!)



You might even need a pair of tweezers to get all of them out - because if you leave even one in, it becomes not only a life long nuisance - but it will also get infected. And who are we doing this for? Not just for you, the grown up - the addicted and scared adult. But mainly for the ever so precious Inner Child. Who has been crying out all his life just to have a voice. Because up to now, his only way to get your attention was to act out. Well now's your chance to get to know your inner child again, to let him come out into the light. He's standing at the edge of the pool - waiting for you to open your arms and let him jump in - to a safe and loving place. So - JUMP! Looking FORWARD, **Duvid Chaim** PS - please see the attached and print it out. This will be used by Shimi on Monday and Elya on Tuesday for the reading and discussion. PSS - The Captain is going to miss his brave Crew - and might even shed a tear (behind the