

Week 4 Day 2 - Completing Chapter 2 - There is a Solution

Posted by DuvidChaim - 10 Nov 2009 22:53

Chevra

After reviewing the Call today, I don't know if I am doing such a good job as your Captain.

It seems like lately, given the messages from the Big Book, I don't know which I'm doing more of:

- ~ Encouraging you to stay on the Boat or
- ~ Suggesting that this would be a good time to get off

What do you think?

Are you feeling at this point more inclined to return to "blotting out the consciousness of your intolerable situation" OR

Take on a "new set of conceptions and motives"?

These, I know (from personal experience) are hard choices. We have sooooo much experience looking at life thru negative and defensive lenses. And we are soooooo accustomed to being **"takers,"** manipulators and always looking at everyone and every situation and asking, **"what's in it for me?!"** We've now read two Stories of addicts (Bill and the Certain American Businessman) and how they've progressed thru their disease, hit rock bottom and found recovery. How? Thru enlarging their Spiritual Life.

By being **"willing and honest"**

And finally, by being like a "drowning man" whose only chance for survival is thru hearing the lifeguard that yells out:

Just Relax and Listen to my Instructions!!!

So it's totally up to you - Am I still going to be your Captain? Are you willing to listen to the Lifeguard?

Just remember, you don't have to do this alone!!

Looking FORWARD,

Duvid Chaim

PS please join us tomorrow as we begin Chapter 3 - "More about Alcoholism"

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Re: Week 4 Day 2 - Completing Chapter 2 - There is a Solution
Posted by letakain - 11 Nov 2009 14:18

[DuvidChaim wrote on 10 Nov 2009 22:53:](#)

[color=blue]Chevra

After reviewing the Call today, I don't know if I am doing such a good job as your Captain.

your kidding, right?

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you need a tall glass of milk and some nice warm chocolate chip cookies!