

Thoughts and Vorts

Posted by Blind Beggar - 01 Nov 2010 18:53

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I'm giving birth to this thread in parshas Toldos.

Here is a short explanation of the Tikkun Kholi that the emails tell us to say. I hope it is informative.

The whole world is built on ten sefiros: Keser, Chochma, Bina, Chesed, Gevurah, Tiferes, Netzach, Hod, Yesod and Malchus. The gemorrah in Pesachim 117 says that sefer Tehillim is composed from ten expressions of song, which we learn from the Zohar Hakodesh correspond to the ten sefiros.

Any collection of ten chapters of Tehillim which contain all ten expressions contain the essence of the whole sefer Tehillim and several mekubalim compiled lists of ten chapters of Tehillim containing all ten expressions to say everyday as a segula for various things.

It was also known that there are ten specific chapters which would fix the pegam of zera levatolo which is pogem in all ten sefiros, and many mekubalim tried to find them to help people fix their aveiros. Hashem did not want to reveal this secret until He decided that the time was right. He revealed it to the tzadik Rebbe Nachman of Breslov zt"l, a great-grandson of the Baal Shem Tov zt"l. The ten chapters are **16, 32, 41, 42, 59, 77, 90, 105, 137, and 150**. Since they fix all ten sefiros, they fix every pegam and every sin and therefore they are called Tikkun Kholi, the All-encompassing Remedy.

Rebbe Nachman zt"l explained briefly how they work and the great mekubal Rav Yitzchok Meir Morgenstern shlita explains at length how they work according to kabbolo in his sefer, Yam Hachochma.

The Tikkun Kholi cannot take the place of teshuva, but after one has toivled in a mikva, the Tikkun will remedy all the damage that was done. The Tikkun takes about ten minutes to say and is effective even if one does not understand the words, like all Torah shebiksav.

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Re: Thoughts and Vorts

Posted by Blind Beggar - 27 Sep 2012 17:41

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As you probably know, Yosef comes after Moshe and Ahron in the Ushpizin according to the Arizal even though the other Ushpizin are in chronological order. Isn't that strange? The reason

is because Yosef's sefira is Yesod which comes after Moshe and Ahron's sefiros which are Netzach and Hod. But if Yosef's sefira comes after Moshe and Ahron's he should have been born after them as well because the sefiros always come in order. Avrohom was born first because Chesed is first and Yitzchok was born next because Gevura is next.

My rebbe (who has to stay anonymous) says that Yosef really should have come after Moshe and Ahron but he had to be born early because Am Yisroel could not survive without practicing midas Hayesod - guarding the bris.

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Re: Thoughts and Vorts

Posted by Blind Beggar - 18 Oct 2012 21:42

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Here's a vort from Dov:

[dov wrote on 18 Oct 2012 21:39:](#)

Here is a nice vort, too (from R' Avigdor Miller zt"l) - can you please import it to the beis midrash? Thanks! :

When G-d permits a good intention to come to fruition, He does so as a reward for the good intent. When He thwarts the intent, it is because the intender is being thereby chastised.

When a man's evil intent is permitted to become an act, it is a punishment for his intent. When his evil intent is prevented, it is because G-d spared him. All acts are G-d's; men have only the intentions. (Rejoice, O Youth)

L'Refuah Shleima: Chaim Yisroel B. Chana Tzirel, Aaron Yehuda B. Gitel

For The Refuah Shleimah Of Eliyahu ben Bracha Tova, Ron ben Gittel Chaviie

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Re: Thoughts and Vorts

Posted by Blind Beggar - 03 Sep 2015 20:44

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Another vort from ???? ??????:

The ???? says that Yeshaiya the novi told the wicked king Achaz, at the end of the haftorah of parshas Yisro, that despite all his evil he will be victorious in war because he did not look at women.

I just want to remind everyone that this is a beis medrash. All non-Torah comments should be directed [over here](#).

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Re: Thoughts and Vorts

Posted by Growing2begreat - 07 Aug 2016 06:05

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In the bracha of Hashkiveinu, (we say during maariv every night hopefully), we say ???? ??? ??????? ?????????? where we ask that hashem remove from us the satan in front and behind us. The question begs itself, "well, where is he? In front or behind us?" The answer I believe is that ???????? is in reference to The satan standing right in front of us trying to get us to sin. But the word ?????????? is referring to our feelings afterwards.

We are human. We make mistakes. And sometimes we may even fall Chas veshalom and slip back into our old habits... It is somewhat inevitable. But what isn't inevitable is our staying down. The purpose of this world is to grow not to stay stagnant, therefore we achieve our life's mission only through trudging through hashems specifically tailored nisyonos(tests). To shake it off, get back up and start again, that is our purpose- to fight, and maybe not even necessarily to win. But that doesn't concern us. Our job is to try try and try again.

therefore we beg hashem every night to save us from the satan "from behind" meaning that after our slip up or mistake, the Satan is still there trying to get us depressed and to give up hope so we will fall deeper and deeper down the hole of destruction- save us from those bad thoughts. Help us not throw our hands up in despair. Help us continue to fight, to get back up.

Dont let the Satan get in your head. Those feelings of despair are just another one of his many tactics. Get. Back. Up. It's your destiny.

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Re: Thoughts and Vorts

Posted by Markz - 07 Aug 2016 12:39

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Very nice!

I like such newcomers that start with a good vort.

I usually get focus on ???? ?????

Those words signify that we are not in control of anything in our lives. Gd is!!

Have you started the handbook yet?

Whenever you're ready (took me time too), feel free to start your own story thread

KEEP ON TRUCKING!!

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Re: Thoughts and Vorts

Posted by Markz - 07 Aug 2016 14:46

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[In PM Growing2begreat wrote:](#)

Hey Markz, thanks for the encouragement. I had a question I've been pondering for a while now...I understand tht there is a remez to the issur of Motzai zera levatala from Yehudahs kid(was it ???). But if the issur is so great, as explained countless times in seforim, why didn't the Torah just Speak it out explicitly? Say it black and white!

I'm not sure but I was thinking it may have s t to do with the fact of increasing our schar.  
Meaning when we don't know tht s t is exactly assur and yet we make sure to stay away from it  
anyways that is like going lifnim meshuras hadin.

Perhaps. Any thoughts?

Or maybe it is to decrease our punishment since Hashem knows it is so difficult?

Not rly sure how to post stuff so if ud like to post this it's fine just looking for an answer thnx!

I have thoughts... Let's hear what someone else has to say

Posting stuff is easy.

Click reply

To create new thread go to the introduce yourself section and click "new topic" for your  
personalized story blog

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Re: Thoughts and Vorts

Posted by Growing2begreat - 14 Aug 2016 03:11

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So uh...anybody got any ideas???

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Re: Thoughts and Vorts

Posted by Markz - 15 Aug 2016 04:40

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[In PM Growing2begreat wrote:](#)

Hey Markz, thanks for the encouragement. I had a question I've been pondering for a while now...I understand tht there is a remez to the issur of Motzai zera levatala from Yehudahs kid(was it ???). But if the issur is so great, as explained countless times in seforim, why didn't the Torah just Speak it out explicitly? Say it black and white!

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1. Can you guess why virtually no one answered the question?

2. Can I ask a better question?

Where in the Torah do you see an explicit prohibition against most forbidden relationships

It only states "do not reveal nakedness"?

**I'll answer question 1.** Because most guys that know the answers are busier with recovery = living life. This takes work. They have chosen this over spending their time on theories. Ask Watson for example - he's a chashuva Yungerman {:~)

**Answer to question 2.** There's the written law and the oral. No oral law, no law, nothing!

However - your question surmises to me that masturbation is a religious issue, and if Gd would have spelled it out, or made it the 11th commandment, this website wouldn't exist

I'm sorry if I have to be the forebearer of terrible news to you, but if that would've been the case, this website would be here just as strong, and may have been listed as [www.guardyour11thcommandment.now.or.die](http://www.guardyour11thcommandment.now.or.die)

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In other news, totally unrelated, do you have a problem with porn and Mast\*, and have you found any relief on [www.gye.now.and.live](http://www.gye.now.and.live) ?

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Re: Thoughts and Vorts

Posted by Blind Beggar - 07 Dec 2017 11:16

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*Please remember that this is the Beis Medrash and is for divrei Torah only.*

Today is the 19th of Kislev, the yahrzeit of the Maggid of Mezritch. I was learning his sefer and he was talking about fearing Hashem and loving Hashem.

It occurred to me that following [GYE's Three Second Rule](#) can be an exercise in both. I avert my eyes because of my fear of Hashem and thereby strengthen it. I can affirm my actions and be pleased that I was able to serve Hashem because I love Hashem.

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