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You are the one who created us humans, you created us with a yetzer harah which give us a natural burning desire for women, a desire that can be used for holiness or g-d forbid for impurity. You commanded us to be circumcised on the 8th day of our life. Something that starts on the 8th day but must be maintained for the rest of our life. Therefore, may it be your will hashem our g-d and the god of our fathers, that you will constantly at every moment help us control our eyes from anything that will trigger our desires. And help us constantly control our thoughts and our fantasies from any image or idea or anything that will cause us to fall and damage the middah of yesod, including helping us in our middos and asspecialy anger. And that we will always be in a state of happiness of kedusha. Help us for the sake of yosef hatzaddik who controlled himself and for the sake of david hamelech who fell in this area but did a complete teshuvah.

Late response - but agreed.

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