## GYE - Guard Your Eyes

Generated: 13 September, 2025, 06:57 Mussar circle Posted by 1dayatatime - 24 Mar 2010 21:50 ??"? I'm looking to see if anyone here would like to have a Mussar circle. I'm a novice in Mussar, but I am looking to form, or join, a circle for Mussar study. Is there a Mussar group already here? If not, is anyone interested in forming one? Let me apologize if this have been covered somewhere, but I'm new here, so excuse me if I haven't come across it yet. Re: Mussar circle Posted by Ineedhelp!! - 24 Mar 2010 21:53 I think its an excellent idea. But what exactly is a 'mussar circle'? -Yiddle \_\_\_\_\_\_ Re: Mussar circle Posted by 1dayatatime - 24 Mar 2010 22:29

Yiddle2 wrote on 24 Mar 2010 21:53:

I think its an excellent idea. But what exactly is a 'mussar circle'?

## -Yiddle A mussar circle is simply a group of people who assemble or meet to practice and study mussar. Mussar is Jewish discipline for spiritual growth and development through practical applications. I'm not any expert on Mussar. I've read some books on it and believe it could be a good discipline for me personally. I was envisioning a circle that would agree on a Mussar trait for study for a week and share our insights about each week's focus trait. Or perhaps select a Mussar study selection for common reading. But I want the group to form a consensus on what we would do. Re: Mussar circle Posted by 1dayatatime - 07 Apr 2010 18:48 Well, I guess the best way is simply to start. I will start and see if others care to join me in a Mussar circle. For this week I will be focused on the trait of Emet. As part of my studies I will read chapter 18 of "Everyday Holiness" (a book on Mussar) by Alan Morinis ( http://www.amazon.com/Everyday-Holiness-Jewish-Spiritual-Mussar/dp/1590303687) If anyone else has suggestions or study materials that they can suggest, feel free to join in. Re: Mussar circle Posted by Sturggle - 09 Apr 2010 05:42 I think this is a beautiful idea...

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Dont know if I'll be able to join at the moment,
though. Kol hakavod!
Re: Mussar circle Posted by 1dayatatime - 13 Apr 2010 00:09
This week's Mussar trait is Moderation. I'll try not to go overboard with it.
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Re: Mussar circle Posted by DovInIsrael - 13 Apr 2010 14:35
the Salant Foundation : salant@netvision.net.il
publishes a regualr musar email.
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