

A thought from Davening

Posted by an honest mouse - 22 Mar 2010 12:12

---

Hi

Just a little perspective from davening which helps me. We ask in Hashkiveinu (in Mariv), that H'shm should remove the Satan from before us and behind us and He should enclose us in the 'shade of His wings'. A way I understand it in relation to our struggle, is that we're praying to stop worrying about what we've done in the past and what we could do in the future, all we want to do is to just bask in the serenity of H'shm's protection in the present. See principle 13 in the attitude handbook.

May we all merit to achieve this perspective!

=====

Re: A thought from Davening

Posted by the.guard - 22 Mar 2010 23:00

---

Great vort!

=====

Re: A thought from Davening

Posted by yedidya aleph - 15 Jun 2010 01:26

---

wanted to share an insight

derech drush

HaNetunim b'tzaroh - the tzaros of evrey day life which we seek to escape

U'vishivya - The captivity of addiction

HaOmdim bein b'yam -indulging in the ta'voh

bein b'yabasha -"dry" abstaining

Tzarah l'rivucha learning how to deal with tzaros without escaping to the numbness of addiction

Afayleh the darkness of insanity (ruach sh'tus of following the Y.H.)

l'orah clarity in what the ratzon Hashem is for every step we take

shiybude-following the YH the addiction the Ale Zaar

l'geulah freedom from addiction,recovery, being totally in line with the ratzon Hashem

Anyway ,hope u enjoyed it even if it is not poshet taitch ,this approach allows us to keep the chevra in mind and daven for each other

=====

=====